

Fire Safety Hazards



Safe cooking tips

- Stay alert. Do not cook if you are sleepy, have drunk, or taken drugs or medicine that make you drowsy.
- Stay in the kitchen while cooking. If you need to leave, turn off the stove.
- Keep items that burn away from the stove. This includes oven mitts, dish cloths, utensils and paper towels.
- Keep a proper-fitting pot lid near the stove when cooking.
- If a pot catches fire, slide the lid over the pot and turn off the stove. Do not move the pot until it has cooled.
- Wear short sleeves, tight sleeves or roll them up when cooking.



**Toronto Seniors
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