

# Days of Recognition: March



The following are some observances for the month.

Irish Heritage Month  Nutrition Month 

March 3	Employee Appreciation Day
March 6	Black Mental Health Day
March 8	International Women's Day
March 12	Time change - Spring forward
March 17	St. Patrick's Day
	World Sleep Day
March 20	International Day of Happiness
	First day of Spring
March 22	World Water Day
March 22-Apr 20	Ramadan
March 21-27	Neurodiversity Celebration Week
March 25	Earth Hour



**Toronto Seniors  
Housing Corporation**