# Toronto Seniors Housing Corporation

# **Accessibility Medical Questionnaire**

#### Tenants:

The Accessibility Program accommodation request is a program that requires medical information to be submitted for the request to be approved and to ensure all your medical accommodation needs are met. It provides information to approve or deny your accommodation request.

The following medical questionnaire is the document that will assist the Accessibility Program determine two things: 1) if your request is based on your medical needs and 2) what your medical needs are to be safe and functional in your home.

This document must be be completed by your licenced health care professional.

Once it is completed, please submit it to the Seniors Services Coordinator for your community. It is recommended that you make a copy for your own records. If you do not have a way to make a copy, ask your Seniors Services Coordinator to make a copy for you. Also request they date stamp your copy before returning the copy to you.

This document is your official request for medically required accessibility accommodation. You will be contacted in writing advising of your approval status shortly after you have submitted the completed Medical Questionnaire forms. This form does not guarantee you will be approved.

#### **Accommodation / Accessibility Request**

If you are a current Toronto Seniors Housing tenant who requires an accessible unit, unit modifications, or other accommodation based on a *Human Rights Code* identified need, please have a qualified medical practitioner who is licensed to practice in Canada complete this form.

While some requests may result in a transfer to another Toronto Seniors Housing unit, Toronto Seniors Housing will always try to reasonably accommodate the need in the current unit before considering a transfer.

If you need this information in an alternative format or another language, please contact the Tenant Support Centre at 416-945-0800.

# Important note to licensed healthcare professionals and their patients:

- The use of a scooter or walker does not necessarily qualify a patient for a modified unit or a transfer to another unit.
- **Modified units** provide varying degrees of modifications and accessibility depending on individual need.

# Patient Information

To be completed by a qualified medical practitioner who is licensed to practice in Canada:

| 1. | Patient details:                                     |                                       |
|----|--|---------------------------------------|
|    | First name:  |                                       |
|    | Last name:   | · · · · · · · · · · · · · · · · · · · |
|    | Address:   | _ Unit #:                             |
|    | Date of birth (mm/dd/yy):                            | <del> </del>                          |
|    | Parent/Guardian's name (if patient under 18):        |                                       |
|    |  |                                       |
| 2. | How many years has this patient been under your care | e?                                    |

| 3. | opinion with respect to the facts stated in this form and you understand and agree that when this form refers to a "medical reaction", the reaction referred to is one that is outside the range of how an average person would react.                   |   |                                      |  |
|----|--|---|--------------------------------------|--|
| 4. | Please provide your medical opinion with respect to the patient's functional abilities that are relevant and apply. Include additional details in section 6.  If the ability is not relevant to the request, place a diagonal line through the text box. |   |                                      |  |
| a. | Walking  | Standing  | Stair Climbing                       |  |
|    | □Full abilities  | □Full abilities   | □Full abilities                      |  |
|    | □Up to 100 metres  | □Up to 15 minutes   | □Up to 5 steps                       |  |
|    | □100-200 metres  | □15-30 minutes  | □5-10 steps                          |  |
|    | □Other (specify)   | □Other (specify)  | □Other (specify)                     |  |
|    |  |   |                                      |  |
| b. | Sitting  | Lifting Floor to Waist  | Lifting Waist to                     |  |
|    |  |   | Charden                              |  |
|    | □Full abilities  | □Full abilities   | Shoulder                             |  |
|    | □Full abilities<br>□Up to 30 min   | □Full abilities<br>□Up to 5 kg                                      | □Full abilities                      |  |
|    |  |   |                                      |  |
|    | □Up to 30 min  | □Up to 5 kg   | □Full abilities                      |  |
|    | □Up to 30 min □30 min-1 hour   | □Up to 5 kg<br>□5-10 kg   | □Full abilities □Up to 5 kg          |  |
|    | □Up to 30 min □30 min-1 hour   | □Up to 5 kg<br>□5-10 kg   | □Full abilities □Up to 5 kg □5-10 kg |  |
| C. | □Up to 30 min □30 min-1 hour   | □Up to 5 kg □5-10 kg □ Other (specify) ———— uite and building smoke | □Full abilities □Up to 5 kg □5-10 kg |  |

| d.  | Chemicals or Scents  □No restrictions/full abilities □Medical reaction triggered by scent □Medical reaction triggered by touch □ Other (specify) | Chemicals or Scents: How long after exposure does reaction subside?  Within 5 minutes (e.g. of mopping floor)  5-15 minutes  15-30 minutes  Other (specify) | Chemicals or Scents: Distance from patient  □Within 5 feet from  areas patient occupies  □ 5-20 feet from areas  patient occupies  □Other (specify) |
|---|--|---|---|
| e.  | Chemicals/Scents: The fo   | ollowing chemicals or scent   | s cause a medical reaction  |
| (list names of chemicals and severity of reaction): |  |   |   |
| f.  | Environmental exposure  ☐No restrictions/full abilitie   |   | <b>Noise</b><br>□ Within 5 feet from areas  |
|   | ☐Medical reaction triggere   | ed by heat (specify   | patient occupies  |
|   | temperature, duration and reaction)  |   | □ 5-20 feet from areas  |
|   | ☐Medical reaction triggered by cold (specify   |   | patient occupies  |
|   | temperature, duration and  | reaction  | □ Other (specify)   |
|   | ☐ Other (Specify)  |   |   |

| 5. | restrictions that are relevant and apply. Include additional details in section 6.               |               |                   |                     |
|----|--|---------------|-------------------|---------------------|
|    | If the ability is not relevant to the request, place box.  | a dia         | gonal line throug | h the text          |
| a. | Bending/twisting or repetitive movement (specify) □  | Limi<br>Left  | ted use of hand   | <b>s</b> :<br>Right |
|    |  |               | gripping          |                     |
|    |  |               | pushing/pulling   |                     |
|    |  |               | twisting          |                     |
|    |  |               | hand strength     |                     |
|    |  |               | other (specify)   |                     |
| 6. | Additional comments on <b>abilities</b> and/or <b>restric</b>                                    |               |                   |                     |
| 7  |  |               |                   |                     |
| 7. | Does the patient use a mobility device that is mobility device(s) is required (checological Cane | k all th<br>r |                   | □Yes<br>□No         |
| 8. | Is the patient currently hospitalized? If yes, is e imminent?                                    | xpecte        | ed discharge      | □Yes<br>□No         |

| 9.  | Are the functional restrictions temporary and expected to be resolved or substantially resolved within the year (e.g. broken ankle)?  |                      |
|-----|---|----------------------|
| 40  | /   |                      |
| 10. | Can the patient access and use the bathroom (including bathing or   | □Yes                 |
|     | showering facilities) in their current unit?  | □No                  |
| a.  | Can the patient use a bathtub?  | □Yes                 |
|     |   | □No                  |
| b.  | Does the patient require a walk-in/roll-in shower?  | □Yes                 |
|     |   | □No                  |
| C.  | Does the patient require additional knee clearance under the sink?  | □Yes                 |
| 0.  | Bood the patient require additional knee disarance and the only.  | □No                  |
| ٦   | For any other requirements the nations has in their bothroom, places  |                      |
| d.  | For any other requirements the patient has in their bathroom, please further in section 6.  | ехріаіп              |
| 11. | Can the patient access and use the kitchen facilities in their current  | □Yes                 |
|     | unit?   | □No                  |
|     |   |                      |
|     | If no, explain further in section 6.  |                      |
| a.  | Can the patient access their oven and fridge?   | □Yes                 |
|     |   | □No                  |
| b.  | Does the patient require additional knee clearance under the sink or  | □Yes                 |
|     |   |                      |
|     | kitchen counter?  | □No                  |
|     |   | □No<br>kitchen       |
| C.  | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
|     |   |                      |
|     | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
|     | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
|     | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
|     | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
|     | What is the patient's reach capacity (i.e. ability to access items from l   |                      |
| C.  | What is the patient's reach capacity (i.e. ability to access items from leading cupboards)?   | kitchen              |
|     | What is the patient's reach capacity (i.e. ability to access items from toupboards)?  ———————————————————————————————————   | kitchen              |
| c.  | What is the patient's reach capacity (i.e. ability to access items from becupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  | kitchen              |
| C.  | What is the patient's reach capacity (i.e. ability to access items from cupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to   | kitchen  plain  □Yes |
| c.  | What is the patient's reach capacity (i.e. ability to access items from Ecupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to perform activities of daily living in their unit (i.e. self-care, personal   | kitchen              |
| c.  | What is the patient's reach capacity (i.e. ability to access items from cupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to   | kitchen  plain  □Yes |
| c.  | What is the patient's reach capacity (i.e. ability to access items from Ecupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to perform activities of daily living in their unit (i.e. self-care, personal hygiene, eating, making decisions, completing tasks, etc.)? | kitchen  plain  □Yes |
| c.  | What is the patient's reach capacity (i.e. ability to access items from Ecupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to perform activities of daily living in their unit (i.e. self-care, personal   | kitchen  plain  □Yes |
| c.  | What is the patient's reach capacity (i.e. ability to access items from Ecupboards)?  For any other requirements the patient has in their kitchen, please exfurther in section 6.  Do the functional restrictions prevent the patient from being able to perform activities of daily living in their unit (i.e. self-care, personal hygiene, eating, making decisions, completing tasks, etc.)? | kitchen  plain  □Yes |

Medical Questionnaire

Toronto Seniors
Housing Corporation

| 13. | What measures might (by the household <i>and</i> by Toronto Seniors Ho enable the household member to perform activities of daily living in t unit?  |             |  |
|-----|--|-------------|--|
| 14. | If the patient is seeking a transfer to another residential unit, what are you expecting the other unit to have (that the patient's current unit does not have) that would address the needs of the patient? |             |  |
| 15. | Is the unit causing or contributing to the impairment?   | □Yes        |  |
|     | If yes, how is it doing so?  | □No         |  |
| 16. | In your professional opinion, do you believe that nothing short of a move will result in the household member being able to perform activities of daily living in their unit?                                | □Yes<br>□No |  |

#### Specific Information Related to Request for Additional Bedroom

#### **Important Note to Doctors and their Patients**

The City of Toronto has established Local Occupancy Standards for rent-geared-to income housing. These Standards permit a household to qualify for an extra bedroom if:

A. A spouse who would normally share a bedroom requires a separate bedroom because of a disability. Spouses will not normally qualify for an additional bedroom unless a second bed cannot be accommodated within a shared bedroom.

A household will not qualify for an additional bedroom based on a snoring condition alone.

- B. A room is required to store equipment that a member of the household needs because of a permanent disability, and the equipment is too large to be reasonably accommodated in a unit size for which the household would normally qualify. The following equipment will not normally qualify a household for an additional bedroom:
  - i. continuous positive airway pressure (CPAP) machines;
  - ii. air-filtration systems;
  - iii. vaporizers or humidifiers;
  - iv. walkers, wheelchairs, or scooters;
  - v. massage tables; or
  - vi. exercise equipment.
- C. An additional bedroom is required for an individual who is not a member of the household but who occupies the unit to provide full-time overnight support services to a member of the household. The household must also submit the Caregiver application forms with these types of requests.

When a household requests an extra bedroom for a medical reason, Toronto Seniors Housing must determine if the household qualifies under the Local Occupancy Standards. From time to time, Toronto Seniors Housing may ask for new information to verify that the household still qualifies for the extra bedroom.

If the patient is requesting an additional bedroom, please complete the following along with the other information requested above in this form:

| 17.  | Why does a person with this medical condition or disability need an additional |              |  |
|--|--|--------------|--|
|  | bedroom?   |              |  |
|  |  |              |  |
|  |  |              |  |
| 10   | Le a ream required to store medical equipment?                                 |              |  |
| 18.  | Is a room required to store medical equipment?                                 | □Yes<br>□No  |  |
| a.   | If yes, what is the medical equipment?   |              |  |
| b.   | What are the dimensions of the medical equipment?                              | <del> </del> |  |
|  | · ·  |              |  |
| C.   | The bedroom(s) in this unit are the following size(s) (TSHC staff to co        | omplete):    |  |
|  |  | <del> </del> |  |
| d.   | Can the medical equipment reasonably be accommodated in the                    | □Yes         |  |
|  | current unit?  | □No          |  |
|  | If no, please explain why, and explain what square footage is                  |              |  |
|  | required:  |              |  |
| 19.  | Does your patient's disability require them to have a separate                 | □Yes         |  |
|  | bedroom to accommodate a full-time overnight caregiver who is not              | □No          |  |
|  | part of the household?   |              |  |
|  | If yes, what services do they require?   |              |  |
|  |  |              |  |
| 20.  | Is the need for full-time overnight care long-term?                            | □Yes         |  |
|  | If no, how long will the patient need overnight care?                          | □No          |  |
|  |  |              |  |
| If a full-time overnight caregiver is required, the household must also complete the |  |              |  |
|  | le Care Agency's Verification Form, or the Caregiver's Verification For        | m if the     |  |
| care   | giver is not affiliated with a home care agency.                               |              |  |

| Licensed Healthcare Professional (LHCP)   |   |  |  |
|---|---|--|--|
| I am a (check box that applies):  |   |  |  |
| <ul> <li>□ GP/Family Physician</li> <li>□ Allergist/Immunologist</li> <li>□ Cardiologist</li> <li>□ Dermatologist</li> <li>□ Neurologist</li> <li>□ Occupational Therapist</li> </ul> | <ul> <li>☐ Oncologist</li> <li>☐ Ophthalmologist</li> <li>☐ Psychiatrist</li> <li>☐ Pulmonologist</li> <li>☐ Rheumatologist</li> <li>☐ Clinical Psychologist</li> <li>☐ Other (specify):</li> </ul> |  |  |
| I hereby certify that this information represents my best professional judgment and is true and correct to the best of my knowledge.  | LHCP stamp<br>or<br>Provincial Registration #   |  |  |
| LHCP Name (please print)  | Contact Tel. Number   |  |  |
| LHCP Signature  | Date (mm/dd/yy)   |  |  |

#### **Patient Consent**

I understand that Toronto Seniors Housing Corporation requires the personal information requested on this form to determine my eligibility for an accessible unit, unit modifications or other accommodation. I authorize my licensed healthcare professional to release information requested on this form to Toronto Seniors Housing Corporation and I consent to Toronto Seniors Housing Corporation using, verifying, disclosing and retaining this information, my application and any supporting documentation on my housing file to the extent it is necessary in order to respond to my request for accommodation and for related tenancy purposes. For clarity, disclosure may be to an independent medical consultant, to the tenant, to the City of Toronto for the purposes of compliance with the *Housing Services Act*, etc. I

| understand that Toronto Seniors Housing will not directly contact my healthcare professional without my prior consent. I understand that if I am the patient and not the tenant that the information collected as a result of this form will be shared with the tenant and I consent to this disclosure. |                                     |  |  |
|--|-------------------------------------|--|--|
|  |                                     |  |  |
|  |                                     |  |  |
| Patient's Name (please print)*   | Patient's Signature*                |  |  |
|  |                                     |  |  |
|  |                                     |  |  |
| Tenant's Name (if not the patient)   | Tenant's Phone Number               |  |  |
|  |                                     |  |  |
| Tenant's Account Number  | Date (mm/dd/yy)                     |  |  |
| *If the patient is under 18 or unable to provide consent in writing by reason of   |                                     |  |  |
| physical or mental disability, the consent must be signed by the patient's parent, legal guardian, trustee, or power of attorney for personal care and property.   |                                     |  |  |
| The personal information on this form is collected under the authority of the Human  |                                     |  |  |
| Rights Code, RSO 1990, c H19 including sect  |                                     |  |  |
| Housing Services Act, 2011, SO 2011, c 6 Scl   | 9                                   |  |  |
| and O Reg 367/11 including section 47(1) 5 of that regulation; and/or the Residential  |                                     |  |  |
| Fenancies Act, 2006, SO 2006, c 17 including section 10 of that act, and will be used only as is necessary for the purposes of determining an applicant's eligibility  |                                     |  |  |
| used only as is necessary for the purposes of  | determining an applicant's enginity |  |  |

for an accessible unit, modifications to their current unit, transfers to another unit, and/or other accessibility/accommodation measures related to the tenancy. If you have any questions about the collection of this information, please contact Toronto Seniors Housing's Information Specialist by telephone at 416-945-0888 or by email

at solutions@torontoseniorshousing.ca.