## **Toronto Seniors Housing Corporation**

# Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee

Date: Monday, September 12, 2022

Time: 3:00 pm to 5:30 pm

Location: WebEx and Livestream

## **Draft Agenda**

Item	Time	Description	Action	Supporting Documents	Presenter
1.	3:00 5 mins	Chair's Remarks	Information	N/A	Chair
2.	3:05 2 mins	Welcome new Board Chair	Information	N/A	Chair
3.	3:07 1 min	Approval of Public Meeting Agenda	Approval	Agenda	Chair
4.	3:08 1 min	Chair's Pollre: Conflict of Interest	Declaration	N/A	Chair
5.	3:09 1 min	Approval of Minutes of the QTE Board Committee Meeting on June 13, 2022	Approval	Minutes of QTE Board Committee Meeting of June 13, 2022	Chair
6.	3:10 2 mins	Action Item Review	Information	Action Item List	Chair
7.	3:12 45 mins	TSHC Operational Updates	Information	<ol> <li>First 100 Days         <ul> <li>Priorities</li> <li>Report</li> </ul> </li> <li>Vacancy Plan             <ul> <li>Report</li> </ul> </li> <li>Community                     <ul> <li>Programs</li> <li>Report</li> </ul> </li> <li>Operational                    <ul> <li>Performance</li> </ul> </li> </ol>	Grant Coffey

Item	Time	Description	Action	Supporting Documents	Presenter
				5. Listening Tour Report	
8.	3:57 1 min	Motion to Recommend for Information to the Board the Reports on: 1. First 100 Days Priorities 2. Vacancy Plan 3. Community Programs 4. Operational Performance Dashboard 5. Listening Tour Report	Approval	N/A	Chair
9.	3:58 15 mins	Health Commons Report on Seniors Health and Wellness Initiative	Information	Seniors Health and Wellness Initiative Report	Grant Coffey
10.	4:13 1 min	Motion to Recommend for Information to the Board the Report on Seniors Health and Wellness Initiative	Approval	N/A	Chair
11.	4:14 20 mins	Quality Improvement Projects	Approval	<ul> <li>Quality         Improvement         Projects Report     </li> </ul>	Mary Tate
12.	4:34 1 min	Motion to Recommend for Approval to the Board the Quality Improvement Projects Report and its associated recommendations	Approval	N/A	Chair
13.	4:35 25 mins	Strategic Planning	Approval	<ul><li>Strategic Planning Approach</li></ul>	Mary Tate

Item	Time	Description	Action	Supporting Documents	Presenter
14.	1 min	Motion to Recommend for Approval to the Board the Strategic Planning Approach Report and its associated recommendations	Approval	N/A	Chair
15.	5:01 1 min	Motion to move into Closed Session	Approval	N/A	Chair
16.	5:02 1 min	Approval of Closed Session agenda	Approval	N/A	Chair
17.	25 mins	Confidential report dealing with matters including but not limited to finances and procurement that are not required to be disclosed under the Municipal Freedom of Information and Protection of Privacy Act.	Approval		Mary Tate
18.	5:28 1 min	Motion to move into public session	Approval	N/A	Chair
19.	5:29 1 min	Approval of Motions brought forward in Closed Session	Approval	N/A	Chair
20.	5:30	Adjournment			Chair

## TORONTO SENIORS HOUSING CORPORATION (TSHC)

## **Quality and Tenant Engagement Committee Meeting (QTEC)**

Date: Monday, June 13, 2022
Time: 3:00 pm to 5:00 pm
Location: WebEx & Livestream

## **Draft Minutes**

The Quality and Tenant Engagement Committee (QTEC) of the TSHC Board held its meeting on Monday, June 13, 2022, at 3:00pm via WebEx video conference. This meeting was livestreamed.

#### Members in Attendance:

Linda Jackson (Chair), Carrie MacNeil, Jim Meeks, Lawrence D'Souza, and Councillor Paula Fletcher

**TSHC staff present**: Michael Sherar, Arlene Howells, Wendy Dobson, Brad Priggen and Rajni Vaidyaraj (Recording Secretary).

Guests: Brenda Parris (Board Member), Paul Johnson (ex-Officio), Andrea Austen, Jenn St. Louis, Jennifer Dockery, Joseph Burley, Joy Connelly, Sonia Gaudry, Wyndham Bettencourt-McCarthy, Liane MacGregor and Sophia Ikura

#### **ITEM 1: CHAIR'S REMARKS**

The Chair welcomed everyone. She stated that this is the first meeting since TSHC has been officially launched as a Corporation and this meeting is being live streamed on YouTube. The Chair began with Land and African Ancestral acknowledgements.

#### ITEM 2: APPROVAL OF PUBLIC MEETING AGENDA

The Chair asked if there were any changes to the public meeting agenda. Hearing none:

Motion Carried **UPON MOTION**, duly made by Ms. Carrie MacNeil, and seconded by Mr. Lawrence D'Souza, **IT WAS RESOLVED** that the public meeting agenda is hereby approved.

#### ITEM 3: CHAIR'S POLL RE: CONFLICT OF INTEREST

The Chair requested that members of the Board declare whether they were in conflict of interest with any agenda item.

#### No conflicts were declared.

## ITEM 4: APPROVAL OF PUBLIC AND CLOSED SESSION MINUTES OF QTE BOARD COMMITTEE MEETING OF APRIL 12, 2022

Motion	<b>UPON MOTION</b> , duly made by Ms. Carrie MacNeil, and seconded by
Carried	Mr. Lawrence D'Souza, IT WAS RESOLVED that the public session
	meeting minutes of April 12, 2022, as tabled, are hereby approved.

#### **ITEM 5: ACTION ITEM REVIEW**

The Chair acknowledged that there were no outstanding issues on the Action Items List.

## ITEM 6: RECOMMENDATIONS FOR TSHC TENANT ENGAGEMENT FROM THE STAC VIA CITY OF TORONTO

The Chair informed the Committee that there are two deputation requests received from Ms. Maureen Clohessy and Mr. Bill Lohman on this agenda item.

## **DEPUTATION by Mr. Bill Lohman**

Mr. Bill Lohman joined the meeting by phone. He thanked the Chair for the opportunity to depute. He pointed out that the report states that there will be input from the Senior Tenants Advisory Committee (STAC) into the Tenant Engagement Process but that until this point of time, there has been input only from the sub-Committee and that the full STAC has not received a copy of this report.

Mr. Lohman stated that the Tenant Engagement System is designed by the senior tenants where this system offers guidance on the principles and methods. He noted that over the past year and a half, STAC has been facing issues with the tenant facing policies.

Mr. Lohman also reminded the Committee that the request for the list of the tenant representatives in the seniors buildings is still outstanding. He reminded the Committee that, TSHC as a newly formed Corporation, should have these issues as the main point of focus to begin with. He noted that building that trust is quite necessary for any positive outcome. He asked the Committee as to what is TSHC going to do with all the information and data collected over the past number of years through various information sessions.

The Chair thanked Mr. Lohman and invited the second deputant, Ms. Maureen Clohessy to address the Committee.

## **DEPUTATION by Ms. Maureen Clohessy**

Ms. Clohessy joined the meeting by phone and thanked everyone present at the meeting. She noted that her overall comments with respect to agenda items 6, 8 and 10 are focussed on what the goals are and whether we are trying to achieve goals through transparency, collaboration and accountability.

Ms. Clohessy shared her concerns on the following three reports:

- On the report prepared by Ms. Joy Connelly, Ms. Clohessy noted that the method in the report should include more details on the framework of how the new system will be done. When Ms. Connelly presented the report to the City staff, Ms. Connelly was told by the City staff not to include the details as they were too prescriptive. Ms. Clohessy raised her concerns as to why the City staff is altering the direction of the way the report is written and why the City staff are not communicating directly with STAC on their involvement in the redirection of the written report.
- With respect to the project undertaken by the Health Commons, Ms. Clohessy noted that this project is a bit confusing and frustrating to the STAC members in that the timelines and who is involved in the project are not clear. There have been weekly meetings with the SSLTC staff but STAC members are not privy to the information that was shared. She noted that she specifically asked the SSLTC staff in May for a copy of the original agreement of this project description and she was denied. She raised concerns that the report of the Health Commons may go to the June 30, 2022 Board meeting without the input or approval of the report by the STAC.

With respect to the City's involvement in the Integrated Services Model,
Ms. Clohessy shared her opinion that neither there is much detail in the
report nor there seems to be any accountability. She noted that since
Councillor Paula Fletcher had initially requested for the City's involvement
in the report, she left it to the Councillor to further comment on it. She also
noted that the Tenant Engagement framework model and the ISM staffing
model are interconnected as the staff are going to be engaging in the
Tenant Engagement leaders and process.

Acknowledging Ms. Clohessy's concerns, Councillor Fletcher stated that the Tenant Engagement framework model, Community Engagement and the ISM model are going to be the main focus of this new corporation. She acknowledged that this is just the starting point and that these should be considered as anchor documents that the corporation should continue to work on and refine them further leading up to the stated purpose of this corporation.

In response to the concerns that both the deputants had raised at this meeting, the Chair asked the Committee if there are any comments about the STAC report. She thanked the members of the STAC for their contributions to have prepared a detailed, thorough and a meaningful report.

Ms. Jenn St. Louis, the staff person who led this work at the City, together with Ms. Joy Connelly, the facilitator, walked the Committee through the highlights of this report followed by a broader discussion by the Committee members to determine the next steps. Ms. Connelly also shared the process of engagement she had in detail with the STAC members and its sub-committee. She noted that after having attended several meetings of the STAC, multiple drafts were reviewed by the sub-committee and the comments that came out of the discussion were integrated and the final draft which included the accurate quotes from the tenants was circulated to the STAC members.

The Chair asked if STAC has any recommendations on the next steps. Ms. Connelly responded that it may useful to ask the STAC at their next meeting as to what they think are the quick wins. As with the structure of the project, there is an overall support and agreement to look at this at the building level, at the regional level and the value for the neighbouring buildings to talk to each other and finally at the corporation wide level. She noted that there are still some outstanding issues that will need further discussion.

A detailed discussion ensued and following are the highlights of some of the comments received:

- What was the model before at TCHC and how is the document going to be transformed so to have a clear understanding of what does and does not exist in this new model.
- The appendix related to the Tenants Representatives in the supporting documents for this agenda item is confusing and does not reflect all the work done thus far.
- STAC needs to be continuously involved every step of the way.
- Need to establish the representation of the buildings and how are they currently interacting.
- What does the implementation of this report look like currently and who oversees this work?

After some discussion, the Committee agreed that there is more work to be done and that this report be referred back to the STAC for providing recommendations around priorities.

**ACTION ITEM**: To take City Report on Tenant Engagement back to STAC for providing recommendations around prioritizing recommendations within the report. Update to be provided at next QTEC meeting.

## ITEM 7: MOTION TO RECOMMEND FOR INFORMATION TO THE BOARD THE RECOMMENDATIONS FROM STAC FOR A TSHC TENANT ENGAGEMENT MODEL

Motion Carried **UPON MOTION**, duly made by Councillor Fletcher, and seconded by Mr. Jim Meeks, **IT WAS RESOLVED** that this report is received and approved for information by the Committee, and this report to go forward to the June Board meeting.

## ITEM 8: HEALTH COMMONS UPDATE ON SENIORS HEALTH AND WELLNESS INITIATIVE (HUBS)

Ms. Arlene Howells welcomed and invited Ms. Sophia Ikura from Health Commons to provide an update on the work done on this initiative and present the interim report to this Committee. She noted that the plan of Health Commons is to get feedback from this Committee, take the report to the Board in June and obtain

feedback from the Board and then incorporate all the feedback received into a final report which will then be brought forward to the Board in September.

Ms. Sophia Ikura said that today is just a process check-in with the Committee. She spoke in brief about some of the substantial changes from the original work plan to incorporate STAC members on the Health Commons teams. She also provided a preview of the emerging themes of the design process model. She noted that there is a desire from STAC members and the tenants to have a better sense of the full picture so that they can really engage in the current plan by participating in the working groups. She also shared with the Committee some of the goals of Health Commons that have emerged from the discussions they have had with the tenants.

The Chair opened the floor for questions or concerns from the Committee members.

Following are some of the questions and concerns raised by the Committee members:

- Who do personal support workers in the seniors buildings report to?
- The report on bed bugs, pest control and tenant elections should be transferred over to TSHC and these reports be incorporated into the Health Commons report.
- The list of all the health related services that exist in the current buildings and who is providing them.
- There are concerns raised by some senior tenants as to how much space they are expected to give up and how much time they need to give up to consider hosting a hub in their building.

The deputant, Mr. Bill Lohman, rejoined the meeting. He stated that earlier he had raised the issue of silos and that everyone is working in their own domain and own focus on their own agendas. From the conversation that is going around today at the meeting, he feels that nothing has changed in that regard. He noted that the policies that are in place today are the same policies that were proposed two years ago. Tenants on the other hand are going out of their way to be involved and try to have a voice in this process. He said he recognizes that there is a focus and an agenda to the mission and that agenda is not to the tenants' best interest. The next step that needs to occur is there needs to be staff accountability to tenants and tenants need to be included. The request made 9 months ago for the tenants leaders list is still pending to be received. He said that it is important for him to see

an overview of the placement of the initial hub and what went wrong that has been documented.

**ACTION ITEM**: To provide the Board with an update on what is happening with the inventory of spaces across the 83 seniors buildings.

Ms. Ikura requested for an approval from the Committee to present this report to the June 30<sup>th</sup> Board.

## ITEM 9: MOTION TO RECOMMEND FOR INFORMATION TO THE BOARD RE UPDATE ON SENIORS HEALTH AD WELLNESS INITIATIVES (HUBS)

Motion Carried **UPON MOTION**, duly made by Ms. Carrie McNeil, and seconded by Ms. Brenda Parris, **IT WAS RESOLVED** that this interim report is received and approved for information by the Committee, and this report to go forward to the June Board meeting.

## ITEM 10: CITY'S ROLE IN THE INTEGRATED SERVICES MODEL (ISM)

Ms. Arlene Howells introduced this topic by saying that based on the request by Councillor Fletcher at the last meeting of the Committee, this report from the City is being brought forward to the Committee as it relates to the ongoing role of the City on ISM and how that affects the work that is being done at TSHC.

At the invitation of Ms. Howells, Mr. Paul Johnson spoke to the slide presentation. He spoke in brief about the initial role of the City in the ISM, what the work looks like and where it is headed to. He touched on the reason why the City is involved in the ISM in that there are number of services the City delivers and there is a number of expertise within the City to help support the successful implementation of the ISM. He said that ISM is about the work that happens on the ground level that is critical to the wellbeing of the tenants on a day-by-day basis and how we can make sure that we can clearly understand where we are making progress in terms of the 83 seniors buildings and the general operations and the supports provided to the seniors in these buildings. He said that he will collaborate with the TSHC CEO to review on a regular basis about the work going forward related to the ISM. He concluded his presentation by saying that the City has a profound interest in the implementation and the continuous quality of the ongoing improvement.

**ACTION ITEMS**: Mr. Johnson agreed to bring back to the Committee the historical information on the work around the hub that the Committee has requested.

The Chair thanked Mr. Johnson for his presentation and commented that the current structure could appear siloed to our tenants in terms of who is in charge of what. She reminded the Committee that as we continue to work on the ISM framework we need to ensure that we are not setting up further silos.

**ACTION ITEM**: Staff to bring back to the Committee the report on bed bugs for the 83 senior buildings.

With respect to the discussion on relationships and trust eluded to by Mr. Johnson and Councillor Fletcher at this meeting, Ms. Brenda Parris expressed her concern saying that there may be a need for some staff and Board development on how we develop and regain trust so as to ensure that we continue with the momentum of carrying the good work forward.

## ITEM 11: MOTION TO RECOMMEND FOR INFORMATION TO THE BOARD THE REPORT ON THE CITY'S ROLE IN THE INTEGRATED SERVICES MODEL

Motion	<b>UPON MOTION</b> , duly made by Councillor Fletcher, and seconded by
Carried	Ms. Carrie MacNeil, IT WAS RESOLVED that this report is received and
	approved for information by the Committee.

## ITEM 12: OPERATIONAL REPORTING INCLUDING FIRST 100 DAYS PRIORITIES REPORTING

In the interest of time, Mr. Tom Hunter provided a brief overview on this topic. He stated that in reviewing all the recent information related to the ISM, quality tenant engagement and how we measure and ensure that there is accountability as we start to look at the work going forward, it is important that we need to prioritize the indicators that best reflect the trust, the day to day operations and identifying the priorities, committing to those and working with the individuals to achieve them to illustrate our success.

#### **ITEM 13: NEXT MEETING DATES**

Ms. Howells informed the Committee that she plans to come back to the Committee with proposed future meeting dates of this Committee. The Chair suggested that the next meeting of the Committee be scheduled in July to keep up the momentum of the work that is being done by this Committee.

**ACTION ITEM**: Staff to poll the Committee members for scheduling the future meetings of the Committee.

## **ITEM 14: ADJOURNMENT**

The Chair thanked the Committee members, staff and all the presenters for their attendance and contributions. Ms. Howell made an announcement that she will be stepping down in the summer and introduced Ms. Wendy Dobson as the incoming Interim Strategic Communications & Engagement Lead who will be supporting this Committee. The Committee members took the opportunity to thank Ms. Howells for all her tremendous work in leading and supporting this Committee in the past few months and welcomed Ms. Dobson.

**Action Item**: Councillor Fletcher requested for copies of the photos taken at the four TSHC launch ceremonies to be circulated to the Board members.

The Chair then declared the meeting adjourned.

Motion UPON MOTION, duly made by Ms. Carrie MacNeil, and seconded by Carried Jim Meeks, IT WAS RESOLVED that the meeting terminate.

Linda Jackson, Chair Quality & Tenant Engagement Committee

## Toronto Seniors Housing Corporation

## Quality and Tenant Engagement Committee

## Action Items List as of September 2022

	Meeting	Description	Resp.	Status
	arising from			
1.	June 13, 2022	Take City Report on Tenant Engagement back to STAC for providing recommendations around prioritizing recommendations within the report	Wendy Dobson	Completed
2.	June 13, 2022	Provide the Board with an update on what is happening with the inventory of spaces across the 83 seniors buildings.	Grant Coffey	Completed
3.	June 13, 2022	Bring back the historical information on the work around the hubs.	Paul Johnson/ Health Commons	Completed
4.	June 13, 2022	Staff to bring back to the Committee the report on bed bugs for the 83 seniors buildings.	Grant Coffey	Completed
5.	June 13, 2022	Staff to poll the Committee members for scheduling the future meetings of the Committee.	Arlene Howells/ Wendy Dobson	Completed
6.	June 13, 2022	Councilor Fletcher requested for copies of the photos taken at the four TSHC launch ceremonies to be circulated to the Board members.	Arlene Howells/ Wendy Dobson	Completed

# Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee First 100 Day Priorities Report

Item#7 September 12, 2022

**To:** Quality and Tenant Engagement Committee

**From:** Grant Coffey, General Manager (I) Operations team

Date: September 12, 2022

**PURPOSE:** For information

### **RECOMMENDATION:**

It is recommended that the Quality and Tenant Engagement Committee receive this report for information.

#### **REASON FOR RECOMMENDATION:**

Earlier in 2022, tenants, tenant leaders and Senior Tenants Advisory Committee (STAC) members were engaged to provide input on the Corporation's First 100-day priorities. Critical to the success of our first 100 days was to solicit feedback from tenants prior to the launch of TSHC. This feedback informed our First 100 Day Priorities, and set out an ambitious agenda for advancing important immediate priorities directly identified by tenants.

The Board approved the First 100 Days Priorities in May 2022 and this report is to provide an update on progress associated with the actions and indicators contained in the 100 Day Priorities since launch.

During the first 100 days, we sought as many opportunities as possible to hear directly from tenants and staff to learn about the current state and future aspirations of our community. Right from the get-go, we launched the CEO Listening Tour for Tom Hunter to visit all 83 of our seniors buildings (in ten months) and meet directly with staff and tenants to listen and see firsthand the

## Toronto Seniors Housing Corporation

opportunities and challenges that our frontline staff and tenants are facing. We also continue to meet with City Councillors, our health and community partners, and our counterparts at Toronto Community Housing to hear their perspectives on how we can improve services for senior tenants.

In the First 100 Day Priorities there are actions and indicators associated with:

- Safety and Security
- Communications with Staff
- Access to Supports and Services
- Community Development
- Tenancy Management

These are consistent with what we have also heard in the first 100 days from our broad engagement with the Toronto Seniors Housing Community including:

- Tenants want to feel safe in their homes and in their buildings
- Tenants want increased protection against pests that is effective
- Tenants want to be informed through clear, appropriate and accessible communication.
- Tenants want streamlined access to TSHC's community and health partners to get access to the support services that they need.
- Tenants feel increasingly isolated following the COVID-19 pandemic and want more meaningful opportunities to socially connect with their communities
- Tenants need ongoing support with administrative functions, such as reviewing rent notices and assessments, filing taxes, applying for government assistance, etc.
- Tenants want more opportunities to have their voices heard early in the decision-making process alongside staff and key decision-makers, preferably in in-person settings.

## **Toronto Seniors Housing Corporation**

Attachment 1 provides a summary of what we have accomplished to date on the First 100 Day Priorities and items that we to continue to work on. You will see progress has been made on each theme and moving forward we will continue to focus on identifying action through our stakeholders voices, especially the voices of our tenants.

\_\_\_\_\_

Grant Coffey
General Manager (I) Operations team

List of attachments:

Attachment 1 – First 100 Day Priorities – Indicator Report Status

# Item #7.1 Attachment # 1 - First 100 Day Priorities — Indicator Report Status

## Attachment 1 - First 100 Day Priorities – Indicator Report Progress Report – September 7, 2022

Early in 2022, tenants, tenant leaders and Senior Tenants Advisory Committee members were asked for advice. They provided their input on what they felt the priority areas for improvements should be for Toronto Seniors Housing Corporation as it begins operations on June 1, 2022. Below are the identified priorities.

We will be using this report to provide regular updates to both the Board and to tenants. 1

<sup>&</sup>lt;sup>1</sup> Currently reporting can only be done on items tracked in existing systems. We will work to improve reporting in the future as systems may change. Many of the areas identified for improvement have long standing issues; therefore, some changes will take much longer than 100 days to address, others may move to our longer-term planning process.

<b>Priority Area</b>	What Needs Changing	Action	Signs of Progress	Are We on Track
Safety &	Key Fob Access	Work can		
Security Tenants want to feel safe in their homes and in their buildings.	Tenants want only those with this type of key to have access to come into the building. Tenants believe that this will reduce unwanted visitors coming into their buildings.	begin immediately Engage with Community Safety Unit (CSU) to undertake an audit of all active FOBs within TSHC.  Ensure that only current tenant and staff FOBs are active and cancel all those that are inactive.	X #of buildings audited  X# of fobs deactivated because people no longer live or work in one of our buildings	The Community Safety Unit (CSU) has completed electronic access audits at four TSHC developments resulting in the cancelation of 191 active electronic keys (FOB's).  CSU has sole administrator access of the FOB system and have committed to prioritizing the auditing of high needs communities.
Safety &	Improve Closed	Work can	By X date an audit	
Security	Circuit Television	begin	schedule will be	Safety and Security audits
•	(CCTV) and lighting	immediately	created	have taken place at 6

<b>Priority Area</b>	What Needs Changing	Action	Signs of Progress	Are We on Track
Priority Area	Tenants felt that this change was needed, particularly in hallways and entrances. Tenants feel that without this they are more vulnerable to intruders.	Work with CSU to create a schedule of Community Safety Audits which looks at both CCTV and lighting and broader security issues and resident concerns.  Work with CSU to prioritize high needs buildings in the first 100 days.  The Board will receive an action report to make sure	By X date all audits to be completed  Ensure that all recommendations are followed up in within an appropriate timeframe	TSHC buildings this year. The Community Safety Unit has committed to inspections on high needs communities as identified by the Operations team.

<b>Priority Area</b>	What Needs Changing	Action	Signs of Progress	Are We on Track
Safety & Security	Increase presence of evening and weekend security staff Tenants believe they would feel safer with a greater staff and security presence.	that recommended changes are made.  Work can begin immediately Provide the Board with a report on the cost for additional staffing and security. Use that input for decision- making on	By X date provide Board report  At X Board meeting seek to have a decision	TSHC Quality Improvement project — Safety and Security will bring stakeholders together to address this area.  The cost for full time (24/7) security at each development is  \$23k per month \$284k annually
		priority areas.		
Communications	Empathy, Patience,	Work already	By X date X # of	Operations is working
with Staff	Respect,	underway	staff to receive	closely with People and
	Stronger People Skills,	Provide staff	training in X area	Culture to develop a

Priority Area	What Needs Changing	Action	Signs of Progress	Are We on Track
	Knowledge of working	training to		comprehensive staff
	with Seniors	improve skills	Ongoing staff	training plan that focuses
	Tenants believe that	in these areas	coaching	on supporting tenants
	staff skills need			from a seniors-specific
	strengthening in these			lens.
	areas to better			
	support the varying			
	stages of aging for			
	seniors.			
Access to	In-Home	Work can	X # of referrals	From June-August staff
Supports and	Housekeeping, In-Unit	begin	made <sup>2</sup>	have made 363 tenant
Services	Care, Personal Care,	immediately		referrals.
	Health Care	Staff will		
	Tenants identified that	support		TSHC has allocated 4 FTEs
	having access to this	tenants		to provide pest control
	type of care in their	through		support including
	unit or building would	referrals to		preparation assistance for
		providers that		

<sup>&</sup>lt;sup>2</sup> Through our Integrated Service Model, we are able to provide referrals to support services such as these. To protect a tenant's privacy, there is no communication between these service providers and Toronto Seniors Housing about how these services are used by an individual tenant or even service usage volume.

Priority Area	What Needs Changing	Action	Signs of Progress	Are We on Track
	help them to better	support them		this tenants that require
	age in place.	in their ability		assistance.
		to age in place		
Community	Social Gatherings,	Workplan to	X # of tenant-led	June 30 <sup>th</sup> the Board
Development	Group Activities, and	be developed	programs	approved the interim
	Interactions for	to support		Tenant Action Funds
	Mental Health	actions	X # of agency-led	(TAF), to date 17 tenant
	Tenants require social	Create	programs	led community events
	gathering spaces and	meaningful		have been approved at a
	activities to keep their	opportunities	X # of activities	cost of \$14,293.77
	body and minds active	for tenants to	supported through	
	and connected to each	be engaged in	funds identified for	Current Social
	other, their	their	distribution to	programming across TSHC
	community, and their	communities,	tenants (previously	noted below
	building so that they	buildings. Work	called Tenant	Faith Based – 6
	are not so isolated.	with existing	Action Funds).	Health and Wellness –10
	Many tenants are	tenant leaders		Food Security – 11
	single and having	to gather	TSHC needs to	Personal Development –
	these gatherings gives	information on	consider adoption	19
	them a sense of	current tenant	of TCHC's tenant	Social Recreation –70
	belonging and	activities and	distribution funds	
	community.	share ideas		

<b>Priority Area</b>	What Needs Changing	Action	Signs of Progress	Are We on Track
		across tenant	policy (recently	
		leader group(s)	approved)	
Community	Tenant Feedback	Workplan to	# Of meetings held	The CEO's listening tour
Development	Meetings	be developed	with tenants and	has held events in 22
	Provide tenants with a	to support	tenant leaders	communities and 600
	means to share and	actions		tenants have provided
	raise concerns in their	Work with		feedback. This has
	buildingand	tenant leaders		resulted in the
	community and	to host tenant		development of the
	suggest changes	feedback		Quality Improvement
		meetings		projects.
				TSHC has also allocated an FTE to hire a Complaint Resolution Specialist. This staff member will monitor and respond to tenant complaints as well as supporting CEO escalations
Community	Access to building	Work already	# Of consultations	Completed tenant
Development	space	underway to	planned/completed	engagement for 85 tenant
		support Access		

Priority Area	What Needs Changing	Action	Signs of Progress	Are We on Track
	Tenants feel strongly	to Building		and agency led programs
	that they should have	Space but		across 48 buildings.
	access to space in	workplans to		
	their own buildings to	be developed		Consultations are pending
	do activities they wish	to review		for 30 programs across 20
	to run. Tenants are	policies		buildings.
	concerned about	Review use of		
	being vulnerable to	space policy		Planning for future
	people from outside	with tenant		engagement with tenants
	their building,	input as a		on Use of Space policy
	particularly post-	priority policy		on osc or space policy
	pandemic.			
Tenancy	Onsite help with Rent	Work already	# Of outstanding	Staff have seen a decrease
Management	Review	underway	rent reviews	in the number of
	Many tenants would	This is a core		outstanding rent reviews
	like to have staff	function of the	Decreased # of RGI	June: 2014
	support in this area as	Seniors	loss of eligibility	July: 1991
	it affects their ongoing	Services	notices (due to	
	tenancy	Coordinator	non-return of	
			annual review	From June-August TSHC
		Staff have	package)	has issued 46 Loss of RGI
		received		eligibility.

Priority Area	What Needs Changing	Action	Signs of Progress	Are We on Track
		extensive	Staff interactions	June: 18
		training in the	with tenants are	July: 21
		RGI Rent Geard	not able to be	August: 7
		to Income	tracked to this level	
		process and its	of detail.	
		requirements.		
Tenancy	How to File Taxes	Workplan to	The first 100 days	Will be undertaken in the
Management	Tenants would like to	be developed	falls outside of tax	new year 2023 during tax
	have tax clinics	to support	filing season	season.
	available to them,	actions	(Feb/April) so	
	preferably onsite	Staff to put up	would remove	
		information	from the 100 days	
		posters and	reporting, but	
		work with local	report on # of tax	
		leaders to	clinics arranged for	
		educate	onsite tenant	
		tenants on	access with proper	
		clinics that	use of space	
		they can access	agreements for the	
			2023 tax season	
			Referrals are not	
			able to be tracked	

<b>Priority Area</b>	What Needs Changing	Action	Signs of Progress	Are We on Track
			to this level of	
			detail.	
Tenancy	How to Apply for	Work already	By x date provide	Operations is working
Management	Pensions/Government	underway	front-line staff with	closely with People and
	Application	Staff to help	knowledge and	Culture to develop a
	Tenants would like	tenants when	resources so they	comprehensive staff
	more information	applyingfor	can help tenants	training plan that focuses
	about these processes	government	with applications	on supporting tenants
	to help them better	assistance	for government	from a seniors-specific
	support themselves	programs.	programs targeted	lens.
			for seniors	

# Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee Vacancy Plan

Item#7.2

Date: September 12, 2022

**To:** Quality and Tenant Engagement Committee

From: Grant Coffey, General Manager (I) Operations team

Date: September 12, 2022

**PURPOSE:** For information

### **RECOMMENDATION:**

It is recommended that the Quality and Tenant Engagement Committee receive this report for information.

#### REASON FOR RECOMMENDATION:

Since August 2021, the Seniors Housing Unit (SHU) at Toronto Community Housing Corporation (TCHC) and now TSCH experienced a gradual increase in the vacancy rate due to the unintended impacts of COVID-19, business transformation initiatives, implementation of the Integrated Service Model and transition of contract managed buildings into the direct managed portfolio. To address this increase, a vacancy action plan was created in partnership with TSHC, TCHC and the City of Toronto Service Manager with the sole focus of vacancy reduction.

### **Breakdown of TSHC Vacancies:**

Over the past year, SHU and now TSHC's vacancy rate increased from 2.85% in August 2021 to a high of 5.12% in May 2022. Currently at a rate of 4.23%, TSHC is on steady downward trajectory from the peak vacancy rate. As the 0.89% decrease from May 2022 to August 2022 reflects, TSHC has taken a focused and measured approach to achieve a vacancy rate of 2.79% by year-end, with the ultimate goal of achieving a 2%

Vacancy Rate (approximately 276 units) by April 2023. Table 1 shows the Actual and Projected vacancy rates on a monthly basis. Table 2 contains the number of Occupied Units per month and status of Vacant Units in more detail and shows trends of improved unit rental performance.

Table 1: Vacancy Rate Projection vs Actual

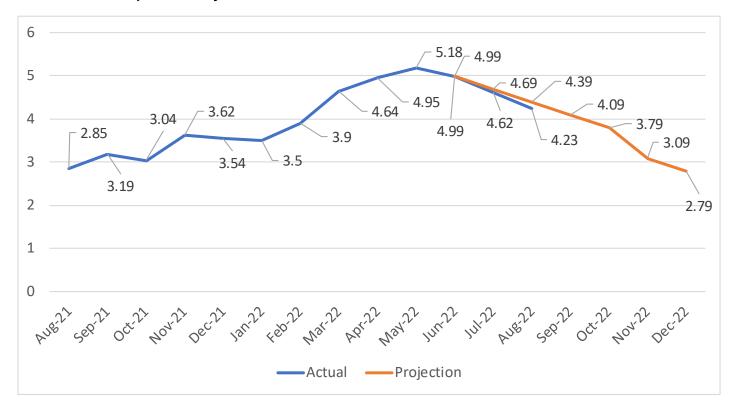
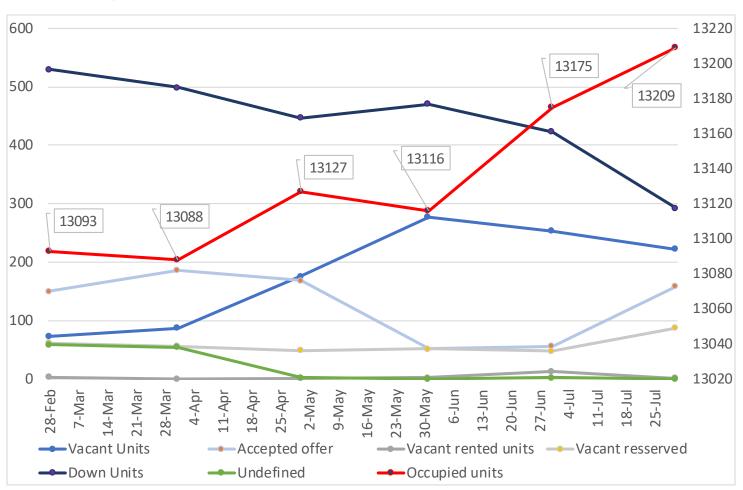


Table 2: Occupied and Vacant Unit Status



NB: Down units include those under refurbishment for re-occupancy. Other units that are non-rentable due to various reason are noted below in Table 3.

Table 3: Non-Rentable Unit Breakdown (not included vacancy percentage)

	Feb	Mar	Apr	May	Jun	July
Relocation	3	3	3	3	3	3
Legal	0	0	0	1	1	1
Proceedings						
Agency Office	1	1	1	1	1	1
use						
Contractor	1	1	1	1	2	2
Storage						
Recreation	7	7	7	7	7	7
Staff Use	11	11	11	11	10	10
Accessibility	22	18	14	11	8	8
Capital	22	22	20	20	20	18
Repairs						

Uninhabitable	0	0	0	1	1	1
Total Non-	67	60	57	56	53	53
Rentable						
Vacant Unit						

## **Factors Contributing to the Vacancy Rate Increase**

Final Integrated Service Model Implementation

In preparation for the transition to TSHC, the Seniors Housing Unit implemented a new organizational structure aimed to improve our senior tenant support. During this implementation, the SHU hired new administrative staff responsible for the management of vacancies and rent-geared-to-income (RGI). In September 2021, March and April of 2022, the Seniors Housing Unit launched three quarters of the portfolio in the final two phases of the Integrated Service Model. This resulted in the onboarding and training of the newly hired administrative staff at the same time as there was loss of experienced employees who transitioned to TCHC – Family Portfolio. Although this reorganization has already improved our Service Delivery to our senior tenants, it did have a short-term operational impact due to the new hires learning both the replacement housing system (HoMES) and the city's new Choice-based Housing Access System (Rent Café). With the goal of reducing our vacancy rate at a quicker pace, TSHC formed a Business Operations team in June 2022, at the point of the launch of the new corporation. With a priority focus of vacancies, the operations team:

- provides ongoing training and support to the regional teams
- fosters relationships with the City to support a quick flow of units to Rent Café
- actions a continuous audit of HoMES and Rent Café to remedy discrepancies because of the lack of integration between the City and TCHC's systems
- completes weekly reviews of the offer movement to ensure there are no administrative delays
- works with regional teams to support image collection needed for Rent Café

## Transition of Contract Managed Buildings

The Seniors Housing Unit transitioned 993 units into direct-management for three seniors-designated buildings from Del Management in Q1/Q2 2022. The three previously contract-managed buildings had a vacancy rate of 5.44%, immediately contributing to the vacancy increase. After the acquisition of the three buildings, the vacant units then went through the unit turnover process. TSCH was reliant on the unit data needed to add units into choice-based cycles, i.e. amenities, unit photos and floorplans collected by TCHC's vendor. SHU

experienced further delays with those buildings as pictures were not available. With support of the Service Manager and in partnership with TCHC sharing collected data, TSHC has increased the unit flow into Rent Café cycles, resulting in future housing outcomes.

#### **Business Transformation**

In June 2021, TCHC replaced its legacy housing management system with HoMES. In April 2021, the City also replaced their waiting list management system TAWL (Tenant Applicant Waitlist) with the Choice-based Housing Access System (Rent Café). In addition to the system change, in January 2022 the process by which TSHC offers vacant units to applicants on the City of Toronto's centralized waiting list for subsidized housing significantly changed to improve the offer process. While these transformational initiatives have improved TSHC's ability to quickly house tenants, there are some initial start-up activities and system integration challenges that are negatively affecting staff's ability to fill vacancies as quickly as in the past. The change in the offer process requires housing providers to upload listings of current vacancies, including critical information, such as building and unit amenities, unit photos, floorplans, maps, and accessibility features. This improves the time spent by the housing provider to reach applicants and drastically decreasing the time spent between the offer and leasing process. There is, however, the initial time-consuming task of collecting unit and building details, photos, and floorplans for TSHC's units and transmitting those to the Choice-based-system, resulting in a delay in vacant units made available to rent.

The final integration between Homes and the Rent Café system is scheduled for October 2022, which will lead to further efficiencies for both TSHC and City of Toronto Staff.

## **TSHC Vacancy Action Plan**

In a joint effort with TSHC, the City Service Manager and TCHC, an active evaluation of the challenges affecting our vacancies was initiated in June 2022 and since then several actions have been taken to address vacancy reductions. Action items underway include:

- Reintroduction of the Rent Waiver Process, to house applicants who require 60 days' notice 30 days sooner → Completed
- Recruit three additional Business Operations Team Members to support the vacancy reduction effort. → In progress – September Completion
- Create a Workflow/ Standard Operating Procedure for the Rental Process from Move-Out to Occupancy. Since the roll out the new systems by both the City and TCHC, and the implementation of the Choice-Based Model, there has not been an update to the process guide to support staff. → Completed

- Simplify the process to update image information for sibling data in Rent Café and to support batch image uploads. → Completed
- Conduct batch uploads of all units into Rent Café of all units → In Progress Mid-September Completion
- A physical inspection of all rentable vacant units over 90 days → Completed to date and on going.

For a more detailed overview of the TSHC Vacancy Plan activities and timing associated with the actions, please refer to Attachment 1. Based on these actions TSHC will continue to action this plan with a goal of achieving a 2% Vacancy Rate by April 2023.

\_\_\_\_\_

Grant Coffey
General Manager (I) Operations team

List of attachments:

Attachment 1: TSHC Short-Term Vacancy Action Plan

## Attachment 1: TSHC Short-Term Vacancy Action Plan

			Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	
TA	SK	OWNER							IMPACT
1	Increase price lists on unit turnover contracts	TCHC							MED
2	Ensure staff make offers to applicants within 2 days at the end of choice based cycle	TSHC							HIGH
3	Conduct inspection of units requiring maintenance for extended time	TSHC							HIGH
4	Rent Waiver Process Re-Introduction	TSHC							MED
5	Conduct an exhaustive review of vacancy data in HoMES and address all data discrepancies across the maintenance and Rent Café system	TSHC							MED
5	Create a vacancy code to account for Rapid Housing vacancies	TCHC							HIGH
6	Ensure access is provided in HoMES to all TSHC administrative staff (TSAs) to update vacancy status	TCHC							HIGH
7	Provide batches of units under renovation for advanced upload into Rent Café (TSHC)	TSHC							HIGH
8	Provide Rent Café Training	City							HIGH
9	Work with Yardi and City of Toronto on integrated HoMES and RentCafe	All							MED
10	Provide 100% of outstanding photos and data to the City for all vacant units	TCHC							HIGH
11	Establish/Recruitment Business Operations Team TSHC	TSHC							HIGH
12	Reinstate one offer rule (City of Toronto)								MED
13	.3 Inspection of all vacant units over 90 days								
14	4 Workflow audit								
15	Review of vendor performance (quarterly)	TSHC/TCHC							
	Complete In Progress Not Started					1			

## Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee

**Topic: Community Programs Report** 

Item 7.3

September 12, 2022

**To:** Quality and Tenant Engagement Committee

**From:** Grant Coffey, General Manager (I) Operations team

Date: September 12, 2022

**PURPOSE:** For information

#### **RECOMMENDATION:**

It is recommended that the Quality and Tenant Engagement Committee receive this report for information.

#### **REASON FOR RECOMMENDATION:**

TSHC is committed to implementing successful community programs to support the wellbeing of TSHC tenants through tenant engagement and partnership development. This report provides an update on programming for tenants along with background and context on how Toronto Seniors Housing Corporation (TSHC) programs, partnerships and use of space data was collected beginning in 2021 while still part of Toronto Community Housing Corporation (TCHC). This includes an update on our ongoing efforts and an overview of partnership data collection over the course of transitioning into the new Toronto Seniors Housing Corporation.

## Partnership, Programs and Use of Space Summary

The following tables provide an overview of programming that was in place pre-COVID restrictions before March 2020 and post-COVID restrictions being lifted in March 2022. During the period of COVID restrictions programming was paused in most cases and limited only to essential requirements including food security and health related, including on-site COVID testing and over 300+ vaccination clinics.

Table 1: Programs in Seniors Buildings, Pre COVID-19 Restrictions: Prior to March 2020 – not operating post-COVID Restrictions

	Buildings	Unique
		Agencies <sup>1</sup>
Programs,	15	14
Pre-COVID		
Restrictions		
Not Running		
Now <sup>2</sup>		

Tenant-led	Agency-led	Total
Programs	Programs	Programs
3	14	17

Table 2: Programs in Seniors Buildings, Post COVID-19 Restrictions: March 2022 onwards – operating now or in stages to restart

	Buildings	Unique Agencies <sup>1</sup>
Programs,	46	30
Pre-COVID		
Restrictions,		
Continuing		
Now <sup>3</sup>		
New	26	7
Programs,		
Post-COVID		
Restrictions <sup>4</sup>		
Total	<b>52</b> <sup>5</sup>	37

Tenant-led	Agency-led	Total
Programs	Programs	Programs
3	75	78
12	25	37
15	100	115

<sup>&</sup>lt;sup>1</sup> The number of agency-led programs is greater than the agencies as they offer programs across multiple buildings.

<sup>&</sup>lt;sup>2</sup> **Programs, Pre- COVID Restrictions**-Programs that were operating in seniors buildings prior to the COVID outbreak but are not currently running.

<sup>&</sup>lt;sup>3</sup> **Programs, Pre-COVID Restrictions, Continuing-**Programs that operated before and after the COVID outbreak.

<sup>&</sup>lt;sup>4</sup> **Programs, Post-COVID Restrictions-**Programs that started operating after the COVID outbreak.

<sup>&</sup>lt;sup>5</sup> Pre & Post COVID Restriction programs are running in some of the same buildings

Table 3: Programs by Category

	Total Programs: Pre-COVID Restrictions				
Program	Programs,	Programs,	Total		
Categories	Pre-COVID	Pre-COVID			
	Restrictions <sup>2</sup>	Restrictions,			
		Continuing <sup>3</sup>			
Health and	3	5	8		
wellness					
Food security	5	10	15		
Personal	0	3	3		
development					
Social	4	56	60		
recreation					
Faith-based	5	4	9		
TOTAL	17	78	95		

Total Programs: Post-COVID Restrictions					
Programs, Pre-COVID Restrictions, Continuing <sup>3</sup>	Programs, Post-COVID Restrictions <sup>4</sup>	Total			
5	5	10			
10	1	11			
3	16	19			
56	13	69			
4	2	6			
78	37	115			

There are currently 33 programs in operation across 28 buildings with the remainder of programs planned to be in operation by the end of September 2022. For a detailed summary of ongoing programming per building please refer to Attachment 1. In addition to the ongoing programming above, we have also completed 64 one-time Use of Space agreements for tenant/community and agency-led events this year.

In April 2022, prior to transition to TSHC, the former TCHC Seniors Housing Unit consulted with the Senior Tenants Advisory Committee on an interim approach to restart programming in buildings and in particular renewals of pre-COVID programming and opportunities for new programming and where possible more tenant-led programming. As part of this, all renewals and new program requests have to be considered from a tenant engagement perspective to ensure feedback from tenants prior to formally implementing programs. This work to engage tenants has been undertaken to ensure tenant input and feedback on preferences regarding how programming can best fit and benefit within their communities.

### Programming/Use of Space Data Collection: Background & Context

As part of TCHC's restructuring, the Strategic Service Partnerships and Compliance (SSPC) division was created approximately two years ago in order to oversee the design, implementation, monitoring and evaluation of policies, processes and procedures related to programs, partnerships and use of space. Their key responsibility was to renew long-term Use of Space agreements as they expired.

In 2020, SSPC undertook a historical review of programs across TCHC as part of this renewal process and engaged TCHC's community engagement staff including their Community Safety and Support Division and Community Services Coordinators to establish an inventory of programs that were operating within their buildings prior to the COVID-19 outbreak.

Prior to the SSPC, many previous partnerships were based on local building level arrangements that may not have included formal Use of Space agreements as a reference. Additionally, a number of frontline staff and site staff were relatively new due to TCHC's recent restructuring and did not have the historical knowledge of partnerships within their newly assigned buildings.

The COVID-19 outbreak further hindered TCHC's ability to collect up-to-date program information on previous partners as only essential services were deemed eligible to continue within TCHC spaces over a two-year duration during the pandemic. Records of past programs were limited as a result of these factors.

The Seniors Housing Unit (SHU) received all historic and pending non-exclusive Use of Space agreements from SSPC in January 2022 that consisted of 12 unique partners.

TCHC implemented an opt-in process in early 2022 in order to reinitiate any additional partnerships that may have been previously operating within TCHC / SHU spaces and may not have had a Use of Space agreement previously in place. This opt-in process was to welcome back partners who may have ceased programing during COVID. Groups wishing to resume activities in TCHC spaces were given until the spring of 2022 to complete the Use of Space application form

(Opt-in survey). Through this opt-in process, SSPC shared eight unique partner requests to resume programs within Seniors Housing Unit buildings.

As the Seniors Housing Unit transitioned into the new Toronto Seniors Housing Corporation (TSHC), tenants and agencies have been completing Use of Space applications in order to reinitiate community programs across our common spaces. The preceding tables summarize programming across TSHC buildings prior to and after COVID-19 restrictions were lifted.

### **Next Steps**

With the work over Q2/Q3 2022, there has been a noted increase in tenant-led programs and an overall increase in programming for tenants across buildings. As we complete the program renewal process, our goals related to community programs over the next quarter also include initiating a policy review over the fall that includes consulting with tenants regarding TSHC's Use of Space policy. This will also include the Senior Tenants Advisory Committee.

We are also in the process of completing an initial inventory of our common amenities, to better track utilization in preparation to develop program calendars across our buildings in 2023.

\_\_\_\_

**Grant Coffey** 

General Manager (I) Operations team

List of attachments:

Attachment 1: TSHC Community Programs – Tenant & Agency Led

Attachment 1: TSHC Community Programs – Tenant & Agency Led

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
10 Deauville					
Lane	Flemingdon Park Ministry	Agent	Food security	Pre-COVID	Ended, Follow-up
	Toronto Intergenerational Partnerships				
	in Community (TIGP)	Agent	Social recreation	Pre & Post COVID	In process
100 Cavell Ave	Hope Church	Agent	Food security	Pre & Post COVID	Operating
			Personal		
	Toronto Public Library	Agent	development	Post- COVID	Operating
	Etobicoke Services for Seniors	Agent	Social recreation	Pre & Post COVID	In process
12 Thorncliffe					
Park Dr	The Neighbourhood Organization (TNO)	Agent	Food security	Pre & Post COVID	Operating
	Thorncliffe-Overlea Baby Boomers Club	Tenant-led	Social recreation	Post- COVID	In process
120 Town Haven	Toronto Intergenerational Partnerships				
Place	in Community (TIGP)	Agent	Social recreation	Pre & Post COVID	In process
	Sri Sathya Saibaba Centre of				
	Scarborough	Agent	Food security	Pre & Post COVID	In process
	Transcare Community Support Services	Agent	Social recreation	Pre & Post COVID	In process
130 Eglinton			Personal		
Ave E	Toronto Public Library	Agent	development	Post- COVID	Operating
			Health and		
130 Vaughan Rd	Mint Nutrition Clinic	Agent	wellness	Pre-COVID	Ended, Follow-up
	Working Skills Centre	Agent	Social recreation	Pre-COVID	Ended, Follow-up
			Health and		
	Dr. Smith	Agent	wellness	Post- COVID	In process
	Reconnect Community Health Services	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post- COVID	Operating

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
	Carefirst (formerly Chinese Seniors'				
1315 Neilson Rd	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
	Neilson Hall Seniors COVID-19 Free Food				
	and Grocery Organization Group	Tenant-led	Food security	Pre & Post COVID	In process
	Senior Scarborough Senior Tamil's				
	Association	Agent	Social recreation	Pre & Post COVID	In process
1420 Victoria					
Park Ave	Friends of Jesus Christ Church	Agent	Food security	Pre & Post COVID	Operating
	The Laughing Clinic	Tenant-led	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto District School Board (TDSB)	Agent	development	Pre & Post COVID	In process
	Transcare Community Support Services	Agent	Social recreation	Pre & Post COVID	In process
			Health and		
	Community Paramedics	Agent	wellness	Post- COVID	Operating
1447 King St W	West Neighbourhood House	Agent	Social recreation	Pre & Post COVID	In process
145 Strathmore					
Blvd	Eastview Community Centre	Agent	Social recreation	Pre & Post COVID	Operating
			Health and		
	South Riverdale Community Health	Agent	wellness	Pre-COVID	Ended, Follow-up
	Sunshine Centres for Seniors	Agent	Social recreation	Post-COVID	In process
	Toronto Intergenerational Partnerships				
	in Community (TIGP)	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
	Carefirst (formerly Chinese Seniors'				
168 John St	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating

Address	Agent or Tenant Group Name	Partner Type	Agency/Tenant Type	Status	Status	
17 Brimley Rd	Satellite Food Bank	Tenant-led	Food security	Pre-COVID	Ended, Follow-up	
	The Church at Brimley	Tenant-led	Faith-based	Pre-COVID	Ended, Follow-up	
			Personal			
	Toronto Public Library	Agent	development	Post-COVID	Operating	
	17 Brimley Social Club	Tenant-led	Social recreation	Post-COVID	In process	
	Community Paramedics	Agent	Health and wellness	Post-COVID	In process	
	Transcare Community Support Services	Agent	Social recreation	Pre & Post COVID	In process	
175 Cummer	During the Land Chauseh	Acoust	Faith hasad	Doot COVID	In man on on	
Ave	Praise the Lord Church	Agent	Faith-based Personal	Post-COVID	In process	
	Toronto Public Library	Agent	development	Post-COVID	Operating	
1775 Eglinton	,		Health and			
Ave W	Baycrest Hospital	Agent	wellness	Pre & Post COVID	In process	
	Loyola Arrupe Centre for Seniors	Agent	Social recreation	Pre & Post COVID	In process	
	Reconnect Community Health Services	Agent	Social recreation	Pre & Post COVID	In process	
193 Wilson Ave	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process	
	Toronto Public Library	Agent	Personal development	Post-COVID	Operating	
20 West Lodge						
Ave	Bible Group	Agent	Faith-based	Pre-COVID	Ended, Follow-up	
	West Neighbourhood House	Agent	Social recreation	Pre & Post COVID	In process	
	Community Paramedics	Agent	Health and wellness	Post-COVID	Operating	
2008 Pharmacy	Carefirst (formerly Chinese Seniors'					
Ave	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process	
	Senior Persons Living Connected	Agent	Social recreation	Pre-COVID	Ended, Follow-up	
	Wishing Well Manor Seniors Association	Tenant-led	Social recreation	Post-COVID	In process	

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
	Wishing Well Manor Tenants Association	Tenant-led	Social recreation	Post-COVID	Operating
250 Twelfth St	Hope Church	Agent	Food security	Pre & Post COVID	In process
	Carefirst (formerly Chinese Seniors'				
252 Sackville St	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
	Sunshine Centres for Seniors	Agent	Social recreation	Pre & Post COVID	In process
	The Neighbourhood Group	Agent	Social recreation	Pre & Post COVID	In process
266 Donlands					
Ave	WoodGreen Community Services	Agent	Social recreation	Pre & Post COVID	In process
	Toronto Intergenerational Partnerships in Community (TIGP)	Agent	Social recreation	Pre & Post COVID	In process
	in community (116)	7.8011	Personal	110 41 031 00 115	p. c c c s s
	Toronto Public Library	Agent	development	Post-COVID	Operating
2950 Lawrence	·				
Ave E	Daily Food Bank & Second Harvest	Agent	Food security	Pre-COVID	Ended, Follow-up
	South Scarborough Chinese Alliance	Agent	Faith-based	Pre & Post COVID	In process
	Transcare Community Support Services	Agent	Social recreation	Pre & Post COVID	In process
3036 Bathurst St	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process
	Carefirst (formerly Chinese Seniors'				
310 Dundas St E	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
	Margaret's Housing + Community				
	Support Services	Agent	Food security	Pre & Post COVID	Operating
			Health and		
3174 Bathurst St	Baycrest Hospital	Agent	wellness	Pre & Post COVID	In process
	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process
	LUMACare	Agent	Social recreation	Post-COVID	In process
	Canadian Red Cross	Agent	Health and wellness	Pre & Post COVID	In process

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
3330 Danforth					
Ave	Daily Bread Food Bank	Agent	Food security	Pre-COVID	Ended, Follow-up
	Scarborough Food Security Initiative	Agent	Food security	Pre & Post COVID	In process
	Carefirst (formerly Chinese Seniors'				
34 Oxford St	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
340 Royal York					
Rd	Hope Church	Agent	Food security	Pre & Post COVID	Operating
35 Park Home					
Ave	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto District School Board (TDSB)	Agent	development	Pre & Post COVID	In process
35 Shoreham Dr	North York VedicSabha	Agent	Faith-based	Pre-COVID	Ended, Follow-up
	LOFT	Agent	Social recreation	Pre & Post COVID	In process
	Geet Niralla Signing Cultural Group	Tenant-led	Social recreation	Post-COVID	Operating
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
	Toronto Chinese Christian Short Term				
369 Pape Ave	Mission Training Centre (TorSTM)	Agent	Social recreation	Pre-COVID	Ended, Follow-up
	Eastview Community Centre	Agent	Social recreation	Pre & Post COVID	Operating
3825 Sheppard	Carefirst (formerly Chinese Seniors'				
Ave E	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
384 Mount					
Pleasant Rd	Bingo 384 Mount Pleasant Rd	Tenant-led	Social recreation	Post-COVID	In process
	384 Mount Pleasant - Tenant Naima	Tenant-led	Social recreation	Pre-COVID	Ended, Follow-up
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
4000 Don Mills					
Rd	Chinese Gospel Church of Toronto	Agent	Faith-based	Pre-COVID	Ended, Follow-up

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
			Personal		
	Toronto District School Board (TDSB)	Agent	development	Pre & Post COVID	In process
			Health and		
41 Mabelle Ave	Community Paramedics	Agent	wellness	Pre & Post COVID	Operating
	Etobicoke Services for Seniors	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
		_	Health and		
423 Yonge St	Community Paramedics	Agent	wellness	Post-COVID	Operating
	LOFT	Agent	Social recreation	Pre & Post COVID	In process
			Health and		
4455 Bathurst St	Baycrest Hospital	Agent	wellness	Pre & Post COVID	In process
	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process
	VIBE Arts	Agent	Social recreation	Pre & Post COVID	In process
5430 Yonge St	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process
	Jewish Russian Community Centre	Agent	Faith-based	Pre & Post COVID	In process
	Carefirst (formerly Chinese Seniors'				
55 Bleecker St	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
			Health and		
	Saint Elizabeth Health Care	Agent	wellness	Pre-COVID	Ended, Follow-up
	The Neighbourhood Group	Agent	Social recreation	Pre & Post COVID	In process
55 Outlook Ave	Reconnect Community Health Services	Agent	Social recreation	Pre & Post COVID	In process
55 Rankin Cres	Loyola Arrupe Centre for Seniors	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
600 Rogers Rd	Hebrew Church of God	Agent	Faith-based	Pre-COVID	Ended, Follow-up
	Reconnect Community Health Services	Agent	Social recreation	Pre & Post COVID	In process
6250 Bathurst St	Bernard Betel Centre	Agent	Social recreation	Pre & Post COVID	In process

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
	Ohalei Yoseph Yitzchak	Agent	Faith-based	Pre & Post COVID	Operating
65 Greencrest	Sri Sathya Saibaba Centre of				
Cir	Scarborough	Agent	Faith-based	Pre & Post COVID	In process
	65 Greencrest Social Club	Tenant-led	Social recreation	Pre & Post COVID	In process
	Transcare Community Support Services	Agent	Social recreation	Pre & Post COVID	In process
7/11 Arleta Ave	LOFT	Agent	Social recreation	Pre & Post COVID	In process
	Northwood Neighbourhood Senior				
	Services	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
71 Merton St	71 Merton - Meditation Plus	Tenant-led	Social recreation	Post-COVID	In process
72 Clinton St	Tenant Knitting Group	Tenant-led	Social recreation	Post-COVID	Operating
80 Danforth Ave	Eastview Community Centre	Agent	Social recreation	Pre & Post COVID	In process
	Sunshine Centres for Seniors	Agent	Social recreation	Pre & Post COVID	In process
801 Mount					
Pleasant Rd	801 Mount Pleasant-Tenant Group	Tenant-led	Social recreation	Post-COVID	In process
	Moore Place Tango Club	Tenant-led	Social recreation	Post-COVID	In process
			Personal		
	Toronto PublicLibrary	Agent	development	Post-COVID	Operating
828 Kingston Rd	Community Centre 55	Agent	Food security	Post-COVID	Operating
	The Neighbourhood Group	Agent	Social recreation	Pre & Post COVID	In process
9 Haldon Ave	East York Community Garden	Agent	Social recreation	Pre & Post COVID	Operating
	Toronto Intergenerational Partnerships				
	in Community (TIGP)	Agent	Social recreation	Pre & Post COVID	In process
			Personal		
	Toronto Public Library	Agent	development	Post-COVID	Operating
	Haldon Community Fellowship	Tenant-led	Faith-based	Post-COVID	In process
	WoodGreen Community Services	Agent	Social recreation	Pre & Post COVID	In process

		Partner	Agency/Tenant		
Address	Agent or Tenant Group Name	Туре	Туре	Status	Status
91 Augusta Ave	Fort York Food Bank	Agent	Food security	Pre-COVID	Ended, Follow-up
	Carefirst (formerly Chinese Seniors'				
	Support Services Association)	Agent	Social recreation	Pre & Post COVID	In process
98 Cavell Ave	Etobicoke Services for Seniors	Agent	Social recreation	Pre & Post COVID	In process
	CaveIII Tenant Bingo	Tenant-led	Social recreation	Post-COVID	In process
	Hope Church	Agent	Food security	Pre & Post COVID	Operating

# Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee Operational Performance Dashboard

Item 7.4 September 12, 2022

**To:** Quality and Tenant Engagement Committee

From: Grant Coffey, General Manager (I) Operations team

Date: September 12, 2022

**PURPOSE:** For information

### **RECOMMENDATION:**

The Quality & Tenant Engagement Committee receive this report for information.

#### **REASON FOR RECOMMENDATION:**

This report contains the TSHC Operational Performance Dashboard including Key Performance Indicators for items including Vacancies, Arrears, Maintenance Requests, Pest Management, Community Safety and Security Incidents and Administrative Service requests.

Please see Attachment 1 for the Operational Performance Dashboard for July 2022.

\_\_\_\_

**Grant Coffey** 

General Manager (I) Operations team

List of attachments:

Attachment 1: Operational Performance Dashboard

# Item # 7.4 Attachment # 1 - Operational Performance Dashboard

# **Toronto Seniors Housing Corporation**

# Operational Performance Dashboard – July 2022

Quality and Tenant Engagement Committee Meeting September 12, 2022





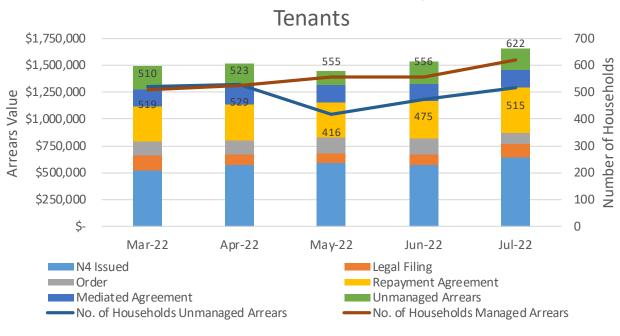


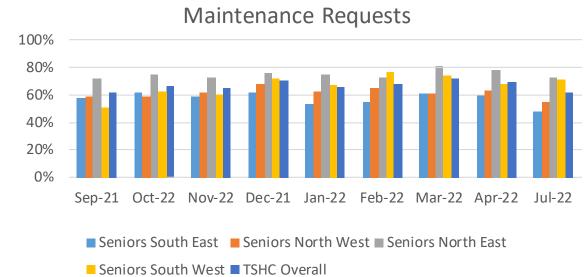


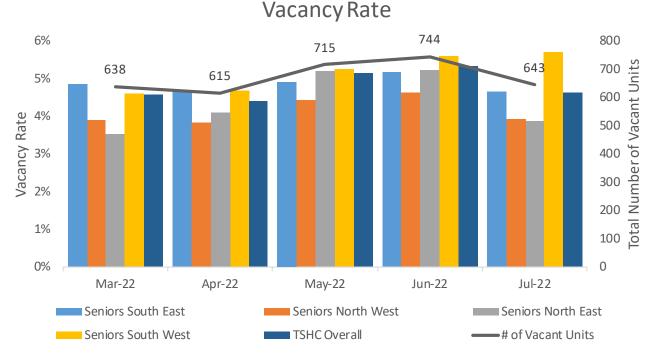
### Summary – July 2022

### DRAFT

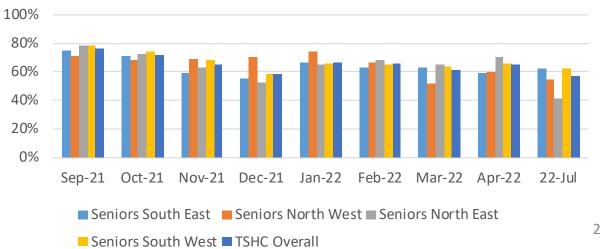








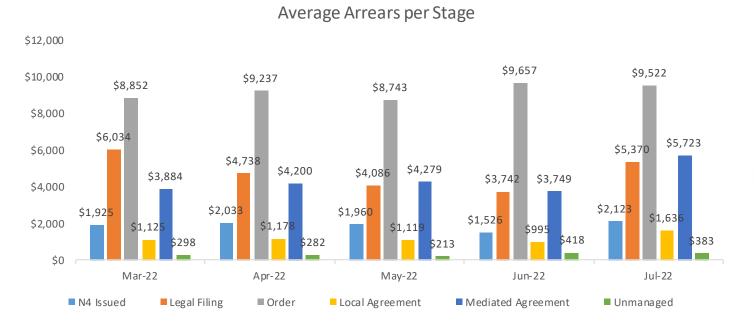
### Administrative Requests

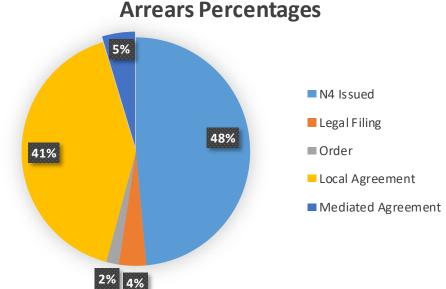


### **Arrears**

- ➤ Arrears overall increased to \$1,657m with an increase of \$125k from the previous month
- Largest increase with files that are at the N4 stage of the Arrears Collection Process (ACP) arrears collection process (an increase of \$67k).
- ➤ Unmanaged arrears decreased by ~\$6k indicating that staff are process arrears files into the ACP.

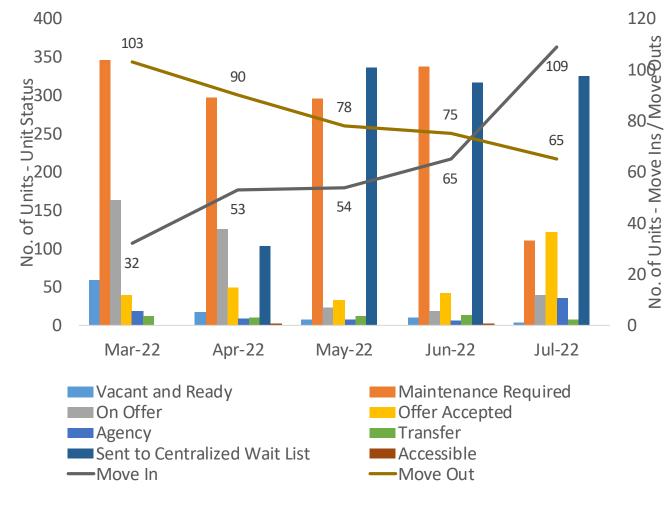
# % of Tenants at each stage of ACP N4 Issued Legal Filing Order Mediated Settlement Unmanaged





### Vacancy rate

- ➤ TSHC has a Vacancy Action Plan developed with the City Service Manager and TCHC with a target to achieve a 2% vacancy rate by April 2023
- In July 2022, the unit status category, 'Offer Accepted' saw a significant increase of more than 190% (from 42 units in June to 122 in July)
- The 'Agency' unit status category also saw an increase of almost five times (5x) units compared to June (from 6 in June to 35 in July) this is due to change in definition as rapid rehouse units are now coded as Agency.
- During the same period, there were decreases in the units categorized as;
  - 'Maintenance Required' from 337 (June) to 110 (July)
  - 'Transfer' from 13 (June) to 8 (July)
  - 'Vacant and Ready' from 10 (June) to 4 (July)
- For the first time in 2022, the number of Move Ins (109) was greater than the number of Move Outs (65)



Vacancy Rate	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Actual %	5.18	4.99	4.62	4.23*				
Projected %	-	4.99	4.69	4.39	4.09	3.79	3.09	2.79

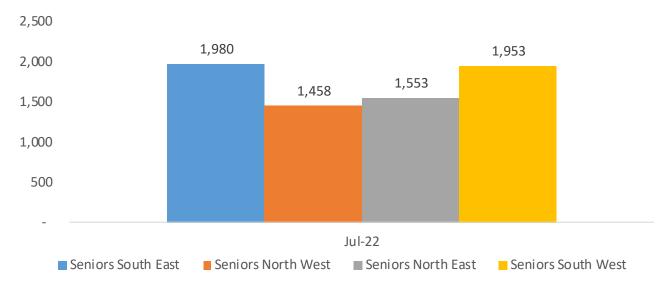
<sup>\*</sup> As per Vacancy Plan report

### Maintenance Work Orders

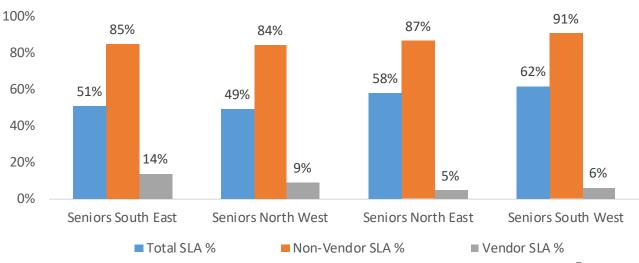
- In July staff and vendors completed 6,944 work order requests with 62% resolved within the 5 days.
- The majority of requests were with regard to pest control requests (see next slide).
- > TSHC Staff completed 85% (4,149) internal work orders within 5 days. Vendor targets need refinement.
- In May/June 2022 TCHC transitioned from a legacy system to HoMES for work orders. This created a gap in reporting for May/June while both systems were in use during the transition.
- ➤ Top 5 Work Order Categories Completed in July 2022

Work Order Request Category	%
Pest Control	17%
Plumbing	16%
Janitorial	9%
Appliances	9%
Doors	8%

### Number of Work Orders Received



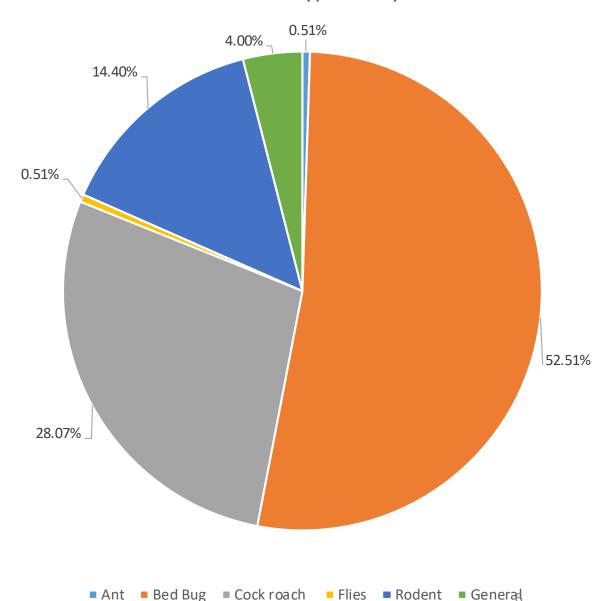
# Percentage of Work Orders Closed within 5 Days July 2022



### Pest Control

- In July staff processed 1375 requests for pest control service.
  - 634 units received a single treatment
  - 249 units received two treatment's
  - 73 units received three or more treatment's
- TSHC staff have undertaken an audit of the common area and in suite pest control application at one building within each of the four regions and are aggregating the findings.
- TSHC has allocated seven existing FTE's to focus on pest control.
  - Two inspectors (licensed technicians) to work with staff to ensure the effective application of the TCHC pest control service as well as to apply best practices to larger infestations.
  - One supervisor to monitor the Pest Services received from TCHC, provide tenant and staff education sessions, collect and analyze treatment results to ensure effective use of resources.
  - Recognizing the ability of seniors to prepare their homes for treatment, four front line maintenance positions have been allocated to the pest control team to assist residents with preparation of their units to allow for effective treatment.
- Going forward reporting will include monthly trends

### Pest Treatment Type – July 2022

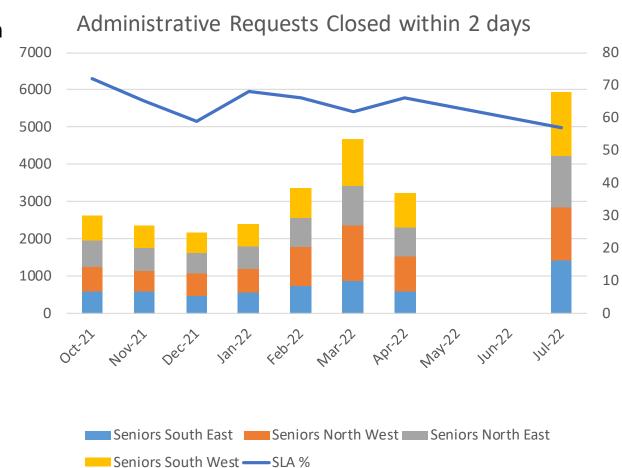


### Administrative Requests

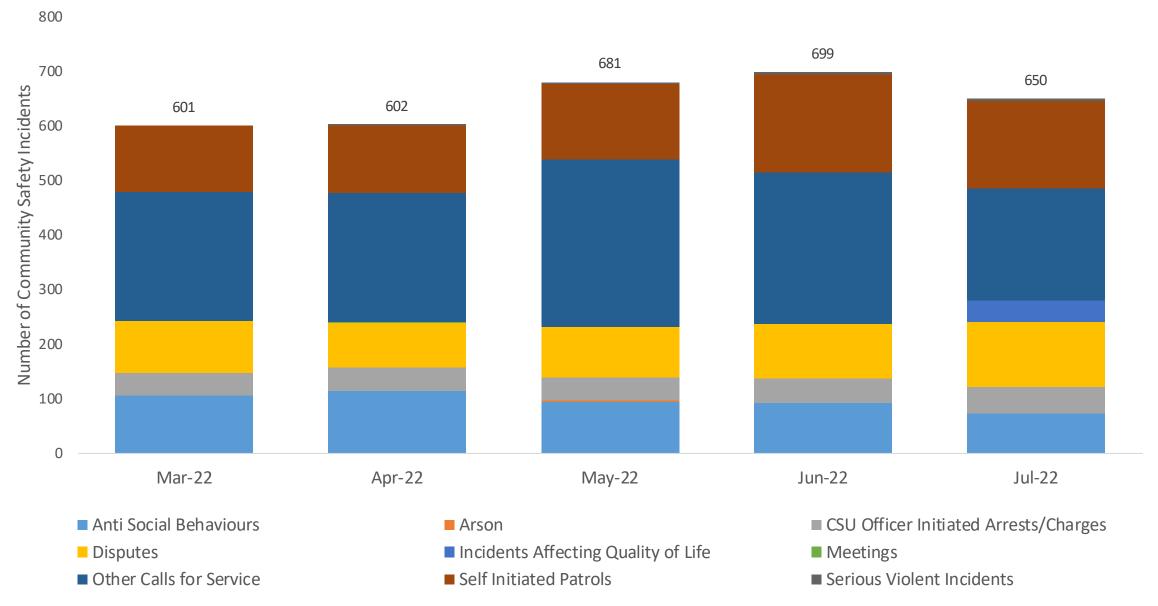
- ➤ In July 2022 staff processed 5,955 service requests from tenants.
- ➤ The majority of these requests were in relation to RGI calculations and the annual review process.
- In May/June 2022 TCHC transitioned from a legacy system to HoMES administrative requests. This created a gap in reporting for May/June while both systems were in use during the transition.

### ➤ Top 3 Service Categories Completed in July 2022

Service Request Category	%
Issue Notice of Decision re RGI	18.2%
Assistance with Annual Review	11.8%
Documentation Support	11.4%
Arrears Collection	8.9%
Referrals	3%



### Community Safety Incidents



# Glossary of Terms

Acronym	Definition	Acronym	Definition
ACP/Arrears Collection Process	The process by which staff collect outstanding payments from tenants	Vacant Ready	Units that are ready for new tenants to occupy
Unmanaged Arrears	Arrears that are outside of the arrears collection process	Maintenance Required	Units that require renovation prior to a new tenant being able to occupy
N4 issued	Arrears for which staff have issue an N4	On Offer	Units that have been offered to applicants including Rent café and Rapid Rehouse
Order	Arrears for which staff have received an order from the Landlord Tenant Board	Offer Accepted	Units that have been accepted by applicants and are in the process of signing a lease or have been leased for a future date
Mediated Agreement	Arrears for which the Landlord Tenant Board has imposed a repayment agreement upon TSHC and the tenant	Good Standing	An account that is up to date with payments (including any arrears payments)
Legal Filing	Arrears which TSHC has filed for enforcement at he Landlord Tenant Board	Community Safety	Calls responded to by the TCHC Community Safety Unit
Repayment Agreement	Arrears for which staff or OCHE have negotiated a repayment of the outstanding balance	EasyTrac	The legacy software system that TSHC used to log all maintenance and administrative requests
Vacancy rate	The percentage of units that are vacant	HoMES	The current software system that TSHC uses to log all maintenance and administrative requests
Maintenance Level	Work orders that are completed by staff or vendors. The service level for work orders is five business days		
Administrative Service level	Administrative requests that have been received by staff there is a service level of two business days for these requests to be completed		

### Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee Listening Tour Update

Item 7.5 September 12, 2022

**To:** Quality and Tenant Engagement Committee

**From:** Wendy Dobson, Senior Manager, Communications and External

Affairs & Interim Strategic Communications and Engagement

Lead

Date: September 12, 2022

**PURPOSE:** For information

#### **RECOMMENDATION:**

The Quality & Tenant Engagement Committee receive this report for information.

### **REASON FOR RECOMMENDATION:**

In June 2022, a Listening Tour was designed for the CEO to connect with staff, tenants and other stakeholders to hear their concerns, desires and needs for the new corporation.

Since the middle of June 2022, CEO Tom Hunter has visited 22 buildings speaking with 600+ attendees across these visits. Tom has heard many different perspectives and valuable feedback in these sessions and key themes have emerged around safety and security, pest management, staff and tenant relations, access to common spaces and access to tenant action funds.

This input provides additional information to support priorities and focus on improvements going forward, which are also captured in the 100 Day Priorities report and the planned Quality Improvement initiatives. For more details on the Listening Tour to-date, please see Attachment 1: Listening Tour Report - September 2022.

Going forward Tom will continue his Listening Tour for the remaining TSHC buildings through Q4 2022 and Q1 2023.

\_\_\_\_\_

Wendy Dobson

Senior Manager, Communications and External Affairs & Interim Strategic Communications and Engagement Lead

List of attachments:

Attachment 1: Listening Tour Report - September 2022

# Item # 7.55 Attachment # 1 - Listening Tour Report - September 2022

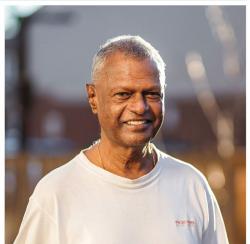
# **Toronto Seniors Housing Corporation**

# Listening Tour Report: Tenant Perspectives

Year to Date as of August 31, 2022 Quality and Tenant Engagement Committee Meeting September 12, 2022









## Background & Data

In June 2022, a Listening Tour was designed for Tom, as our new CEO, to connect with staff, tenants and other stakeholders to hear what their concerns, desires and needs were for our new corporation. This report is primarily focused on learnings from Tom's interactions with tenants.



The goal was to hear from those interested in speaking with Tom not to hear from everyone. In one instance, over 40% of the building's tenants were in attendance.

2 Buildings Visited

Tom has visited about two buildings a week since the middle of June 2022. He is on track to complete 61 more visits by April next year.

### What Tom Heard From Tenants

Wonderful staff whose presence is greatly appreciated

Very proud of our community gardens

There is a sense of community in our buildings

Building locations are accessible to transit and shopping

So thankful for the housing and staff

So much better here than where I was before

Want to rebuild community post-COVID and tenants are invested in rebuilding efforts



# Toronto Seniors Housing Corporation

# Overall Key Themes Safety and Security



### People

- Reduce unwanted and high-risk visitors
- Address tenant health issues
- Improve noise management in building
- Increase smoke and fragrance-free buildings

### Products

- Improve elevators in several buildings
- Improve heating and air conditioning systems
- Aging appliances and toilets need replacing
- Improve laundry services

### • Systems

- Improve service response during high-risk event
- Improve security possibly 24-hour guards/more cameras
- Improve snow removal to reduce tenant fall risks
- Improve call system in some buildings
- Increase safety funding for seniors' buildings

### Overall Key Themes

### **Pest Management**



- Bugs
  - Address pervasive and ongoing concerns about pests including bed bug and cockroach infestations
- Beyond bugs
  - Address issues with pigeons on balconies
  - Improve waste management removal systems

# Overall Key Themes Staff and Tenant Relations



### Communications

- Improve program and information delivery in languages other than English
- Provide clearer communications on how to reach site staff
- Provide vacation back-up support at the building level
- Increase support staff hours for Seniors Services Coordinators
- Improve communications with tenants on how to use/access new products like washing machines multi-lingual signage across all sites
- Provide annual rent reviews in languages other than English
- Provide onsite speakers and mics for events to be more inclusive
- Improve poster and bulletin board posting/removal processes
- Coordinate ongoing meetings with tenant leaders, tenants and staff
- Clarify why pictures and posters pose a fire hazard in hallways

# Overall Key Themes Staff and Tenant Relations



### Tenant Relations

- Improve call centre operations, processes, response times, hours
- Improve information sharing and access to information about recreation, social programming and health services supports
- Provide computer literacy training for tenants
- Provide greater clarity on Ontario Trillium Benefit
- Provide more information on house keeping supports
- Reduce staff turnover
- Address lack of faith and trust in staff to resolve issues in a timely way
- Provide better processes and tools for garden care
- Address conflicts between tenants that cause fear, discrimination
- Review and improve RGI processes

# **Toronto Seniors Housing Corporation**

### Overall Key Themes

# **Access to Common Spaces and Tenant Action Funds**



- Access to pool room, library, craft room
- Increase hours of operations to common spaces some close at 4 pm
- Increase in building programs since COVID-19 measures have been lifted
- Increase access to English As A Second Language Courses
- Insurance concerns about running tenant-led programs
- Potential use of space for "Free Exchange" items
- Address kitchen spaces that have signs that say No Cooking
- Common washrooms need to be open, clean and available to tenants
- More games, like playing cards, available to tenants in common room
- Improve some outdoor patio spaces
- Replace aging equipment like pool tables

### Overall Key Themes

### **Other Supports**



- Improve visitor parking by adding more spots
- Improve policy and signage for Poop & Scoop multilingual
- Improve safety for drop-off and pick-up of large delivery boxes
- Consider policy on a scent-free environment



# Insights

Listening Tour is confirming what was identified for the 100 Day Priorities

- Same priorities require ongoing work
- New priorities around Use of Space and Tenant Action Fund added
- Input in driving new action oriented work for the corporation

# Addressing Issues



- See 100 Day Priorities Report which demonstrates where action has been taken or is pending on some of the items raised during the Listening Tour
- In September, launching Quality Improvement Projects to address
   Pest Management, Safety and Security, as well as Staff and Tenant
   Relations
- Ongoing staff training and partnership conversations underway to support changes needed for programming and staff and tenant relations
- Offering multi-lingual support during Listening Tours to help increase understanding and sharing of ideas

# Addressing Issues



- Will conduct tenant consultations to address policy changes needed to become a more seniors-focused organization
- Interim Use of Space policy in place and all spaces are opened.
   Programming being revisited with tenant input. Updated policy to be created with tenant consultations planned for fall.
- Interim Tenant Action Fund policy in place with simplified application and dollars released to 17 buildings which requested support over the summer. Updated policy to be created with tenant consultations planned for fall.
- Creating Pest Control Team

# **Toronto Seniors Housing Corporation**

# Thank you

谢谢

متشكرم

Merci

Σας ευχαριστώ

감사합니다

Dziękuję Ci

Obrigada

Спасибо

Gracias

நன்றி

Дякую

Cảm ơn bạn

9/7/2022



Item 9 Health Commons Report and letter and cover

# Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee Seniors Health & Wellness Initiative Update

Item 9

September 12, 2022

**To:** Quality and Tenant Engagement Committee

**From:** Grant Coffey, General Manager (I) Operations team

Date: September 12, 2022

**PURPOSE:** For information

**RECOMMENDATION:** 

The Quality & Tenant Engagement Committee receive this report for information.

#### **REASON FOR RECOMMENDATION:**

This report provides an update on the work and a report commissioned by the City of Toronto and undertaken by Health Commons Solutions Lab to better understand the views of seniors tenants related to implementing a Seniors Health and Wellness initiative.

This report completed by Health Commons Solutions Lab includes a final version of the content, however a fully designed, AODA-compliant and formatted version of the report is expected to be brought forward to the next TSHC Board meeting on September 29, 2022.

This report was developed in consultation with TSHC senior tenants and with the expert advice of the Seniors Tenant Advisory Committee. The report findings and recommendations inform this important aspect of opportunities for TSHC to more effectively address the health and wellness needs of seniors tenants. These findings and recommendations will be considered by TSHC in the further development of next steps and service planning associated with the Health and Wellness initiative and aspect of the Integrated Service Model. We wish to

extend thanks to the City of Toronto and the Health Commons Solutions Lab team for this valuable work and report.

Please see Attachment 1 – Letter from Andrea Austen, City of Toronto Senior Services and Long-Term Care and Attachment 2 - Health Commons Solutions Lab report entitled Seniors Health and Wellness Initiative: Tenant voices improving quality of life.

**Grant Coffey** 

General Manager (I) Operations team

List of attachments:

Attachment 1: Letter from Andrea Austen, City of Toronto Senior Services and Long-Term Care

Attachment 2: Health Commons Solutions Lab report entitled Seniors Health and Wellness Initiative: Tenant voices improving quality of life.

# **Item #9**

Attachment # 1 - Letter from Andrea
Austen, City of Toronto Seniors Services
and Long-Term Care



Jennifer Dockery, General Manager Seniors Services and Long-Term Care Union Station, 3<sup>rd</sup> floor 65 Front St. W Toronto ON M5J 1E6 Andrea Austen Director Community Programs and Seniors Services

Linda Jackson Chair, Quality and Tenant Engagement Committee Toronto Seniors Housing Corporation

August 31, 2022

Dear Linda,

Please see the attached report produced by Health Commons Solutions Lab, with expert advice from members of the Senior Tenants Advisory Committee (STAC).

Please note that while the content is final, this report is currently with City Design Services. A fully designed, AODA-compliant, and formatted report is expected for September 29 Board.

In December 2021, through the adoption of <a href="MM38.51">MM38.51</a>, Council directed the General Manager, Seniors Services and Long-term Care, to lead a review of the Seniors Health and Wellness model, including how hub sites are selected and make recommendations to Toronto Community Housing Corporation and Toronto Seniors Housing Corporation related to implementation.

City staff have completed a number of actions resulting in the attached report, including:

- Pausing all work on implementation of the 'Seniors Health and Wellness Hubs' (originally a component of the Integrated Service Model) and removing 145 Strathmore Blvd. from consideration as a hub site
- Engaging a not-for-profit partner, Health Commons Solutions Lab (HCSL), to lead the review
- Supporting HCSL to engage 87 tenants over Spring 2022 through group conversations, short (15 minute) one-one-one interviews or longer (60 minute) interviews depending on their comfort and/or preferences
- Supporting HCSL to hold meetings with a STAC working group, twice-weekly over eight weeks, to provide ongoing input into the report and recommendations

Based on these engagements, HCSL has returned with key insights, recommendations, and strategies for moving forward with respect to senior tenant health and wellness.

**Recommendation:** This report is being provided for information and to shape service planning that better addresses the health and wellness needs of Toronto Seniors Housing Corporation tenants.

Sincerely, Andrea Austen Director, Community Programs and Seniors Services

# **Item #9**

Attachment # 2 - Health Commons
Solutions Lab report entitled Seniors Health
and Wellness Initiative: Tenant voices
improving quality of life

# Seniors Health and Wellness Initiative: Tenant voices improving quality of life August 2022

#### Acknowledgments

The Seniors Health and Wellness Initiative was made possible through the generosity of the senior tenants who shared their time, experiences and wisdom with our project team.

This project was designed and implemented by Health Commons Solutions Lab with expert advice from members of the Senior Tenants Advisory Committee\*. Their advice about what questions to ask seniors, how we should connect with people and making sense of what we were hearing back from the interviews were invaluable to this work. We are grateful to them for their investment of time and trust—and for the knowledge they imparted. This project is stronger for it.

\*Note: Throughout this document the acronym 'STAC' is used to represent the Senior Tenants Advisory Committee, an advisory body to Toronto Seniors Housing Corporation and the City of Toronto.

# **Executive Summary**

The new Toronto Seniors Housing Corporation operates 83 buildings across the Greater Toronto Area, housing approximately 15,000 seniors. As part of the City of Toronto's ongoing oversight of the Integrated Service Model, Health Commons Solutions Lab was funded by the City to lead a project to engage senior tenants living in Toronto Seniors Housing Corporation buildings about the services and supports these tenants need to promote health, wellness and ageing in place.

The initial goal of the project was to understand more about Seniors Health and Wellness Hubs as part of the Integrated Service Model, and potential models and locations for service delivery. Through engagement with senior tenants, however, it soon became apparent that the solution provided by the proposed hubs was

not the solution tenants were looking for and that, in fact, Toronto Seniors Housing Corporation would be better served by a consultation that was framed to understand the question: "What services and supports do seniors need and prefer, and what is the best way to offer those services and supports?" Based on important conversations with tenants and City staff, and to arrive at an answer to this question and give seniors a solution that would work for them, Health Commons took a step back and shifted the focus of the review to building an understanding of tenants' challenges, needs and preferences with respect to health and wellness. This review therefore served as a reset, a way of ensuring that any direction under the Integrated Service Model related to Seniors Health and Wellness Hubs, and seniors' health and wellness more broadly, would be meaningfully driven by senior tenant voices.

To do this, we hosted approximately 70 hours of conversations with 87 senior tenants. The seniors we engaged with had a variety of experiences and identities, but many common themes emerged that describe their priorities and the challenges they face around wellbeing and quality of life.

# What We Heard from Senior Tenants (Link to insights and ideas)

Tenants identified many ideas for improving:

- Culture by fostering trust, respect, and mutual support
- Services with specific advice around priorities and improvements
- Living Spaces and what makes "housing" a safe and connected home

# A Roadmap of Recommendations (Link to 34 recommendations for action)

34 recommendations for action are categorized into four main areas:

- 1. Follow Me: How Toronto Seniors Housing Corporation can advance an understanding of the what, when and where of services and supports for person-centred ageing in place
- 2. Building Community: How Toronto Seniors Housing Corporation could develop a building-specific understanding of senior tenants needs and preferences

- 3. A Working Network: How Toronto Seniors Housing Corporation can create a framework that enables tenants to provide input into system-level planning that affects their health and wellness
- 4. Mechanisms for Accountability: How Toronto Seniors Housing Corporation can address insufficient responses to seniors' concerns that threaten wellbeing and erode trust

Framing a Plan (Link to urgent issues and opportunities for significant change)

Strategies for moving forward reflect:

- The urgency required to fix existing problems and understand the needs of more senior tenants, but also the opportunity for some 'quick wins' to demonstrate that tenants' needs matter and are being addressed
- The 'game changing' potential of embedding tenant voice into as many places as possible to support wellness now and the success of future wellness service planning

In addition to the issues and recommendations highlighted above, one of our most critical learnings was that autonomy and meaningful engagement are key to addressing tenant needs. While the engagement was originally intended to find out which services senior tenants want and where, what we heard is that services alone are not the answer–empowerment and ongoing influence in decision-making are themselves critical interventions to improve health and wellness. In addition to receiving the right services and supports at the right time, and in the right place, tenants told us how important it is to be involved in the design, delivery and decision-making related to services and supports. They also made it clear that emphasis needed to be placed on broader wellness, not just health care or health services.

The seniors we heard from are seeking improvements and expressed a desire for change as well as opportunities to collaborate. In essence, we learned that while there are **no shortcuts to listening, listening is the shortcut**—drawing ideas from the expertise and wisdom of lived experience helps avoid creating solutions that don't work for people in the real world.

It is a promising moment for system transformation in social housing for seniors. Senior tenants have told us what matters right now and, with the recent transition of operations, Toronto Seniors Housing Corporation is ready to champion a new way of managing housing for seniors in the city. The recommendations in this report are aimed at furthering this transformation and have been derived from the ideas, experiences, and challenges of the tenants Health Commons engaged with. Health Commons also brings forward urgent actions as well as deeper changes that can reflect a shift around tenant engagement, participation and partnership.

We want a service system and set of actions that reflect the wide array of interests and preferences seniors have told us are important to them. There is no one-size-fits-all solution, but good processes can ensure seniors tenants are cared for and feel valued rather than left behind or ignored. These recommendations can be the foundation of a new roadmap for addressing the complex and dynamic nature of needs as people age at home.

#### Introduction

Toronto Seniors Housing Corporation originated through Council direction in July 2017 under 'Tenants First,' a broad strategy to improve the delivery of housing in Toronto Community Housing Corporation that included the creation of a new, standalone Seniors Housing and Services entity responsible for the management of the 83 seniors buildings and the provision of service to approximately 15,000 low- and moderate-income senior tenants.

To advance the Tenants First strategy, the City undertook a comprehensive tenant engagement process to develop the Integrated Service Model, a new approach to enhance seniors' access to a holistic set of services and supports that address their needs and facilitate their sustained engagement in vibrant, active communities. With the goal of enabling tenants to age in their homes with dignity, respect, comfort, and the supports they need, the Integrated Service Model was initially forged as a partnership between the City of Toronto under Tenants First, Toronto Community Housing Corporation, and the Toronto-Central Local Health Integration Network, and designed to include four innovations:

- A New Staffing and Training Model
- Seniors-Specific Policies and Procedures
- Seniors Health and Wellness Hubs
- Aligned Care Coordinators and Health Partnerships

In December 2020, the Seniors Housing Unit at Toronto Community Housing Corporation began implementing the Integrated Service Model in 18 seniors buildings in the Southeast Region. In December 2021, based on important feedback from tenants (e.g., concerns related to building security and use of common space), City Council directed the General Manager, Seniors Services and Long-Term Care, to lead a review of the Seniors Health and Wellness Hub component of the Integrated Service Model, including how hub sites are selected, and make recommendations to Toronto Community Housing Corporation and Toronto Seniors Housing Corporation related to implementation.

Health Commons Solutions Lab was brought on board to lead this review, which was conducted between February and June 2022. Recognizing that community knowledge is key to unlocking new solutions, the first step was to focus on building an understanding of the breadth and depth of the problems, barriers, challenges, needs and preferences from the senior tenant perspective when it comes to supporting their health and wellness where they live. To that end, we undertook an engagement process with tenants, tenant groups, the Senior Tenants Advisory Committee (STAC) and other key stakeholders to help identify both the health and wellness needs and preferences of senior tenants living in Toronto Seniors Housing Corporation buildings, as well as the best ways to ensure those needs are met.

This was a targeted review that asked seniors what they need to support their health, wellness, and ability to age well at home, with the intention of validating, enhancing or shifting the initially proposed 'hub' model for service delivery.

However, direction from senior tenants and other stakeholders shifted the focus. Our goal became understanding tenants' perspectives about their health, recreational, and social needs and what would make it easiest for them to access a diverse range of services to ensure those needs are met. As part of this engagement, we also endeavoured to understand how and where services should

be provided, taking into consideration factors such as security, use of space, distance travelled, and access barriers—all with a view to providing a set of recommendations to guide service delivery planning in a way that:

- Is directly connected to what people told us they needed
- Is smarter, faster and more responsive
- Builds sustainable relationships and gains trust

This work was carried out during a period of significant change. First, the seniors we spoke with had been affected by the impacts of the COVID-19 pandemic, which had changed the ways they were able to interact with each other and their surroundings. As a result of the pandemic, seniors experienced the closure of the common spaces they had relied on for community, as well as programs supporting senior wellness. As one senior resident put it: "We have 14,000 people who have been pretty much cooped up inside their apartments for two years and told to stay there. After two years, you almost think that people don't know how to engage anymore." With the launch of the new Toronto Seniors Housing Corporation on June 1, 2022, some seniors were optimistic about this transition and what it could mean for them, while others expressed skepticism that the positive changes they were hoping to see would actually come to fruition. Recognizing that outside influences shape how people are experiencing health and wellness reminds us that system planners should be mindful that change is always underway, and that quality service offerings should be resilient in the face of change.

# Features of this report include:

- 1. Quotes All quotes are in the voice of senior tenants.
- 2. 'What we learned' Key areas of learning that shaped how this engagement process unfolded, shared to demonstrate transparency about how this project was iterative and reflective.
- 3. 'Spotlights' Useful context information but not findings from this engagement process. This report may offer complementary information to support planning in these other areas of work.
- 4. 'Ideas from seniors' Solutions senior tenants voiced alongside many of the challenges identified. Seniors, staff, service providers or others could be

- inspired by an idea or have discussions about these ideas and what might work in their context.
- 5. 'Recommendations' Action areas compiled and synthesized by Health Commons, and validated by senior tenant reviewers.

Spotlight: Seniors Services and Long-Term Care Evaluation of the Integrated Service Model

The City has a role to "oversee and evaluate" the Integrated Service Model, and is actively conducting an evaluation of the model's first year with a goal of improving the implementation. As part of this evaluation, Seniors Services and Long-Term Care will engage tenants, staff, and other key stakeholders to develop recommendations for the Toronto Seniors Housing Corporation.

The findings and recommendations from this report can inform this ongoing evaluation and help shape recommendations about the future of the Seniors Health and Wellness Hubs in the Integrated Service Model.

#### **Working Collaboratively and Iteratively**

This review was divided into two phases, and took an iterative and responsive approach, adapting the questions, project plan and engagement structure in real time, based on the feedback we were hearing from seniors and other key stakeholders.

# Phase 1: How do we define engagement?

During the first phase of the project, we recruited senior tenants in formal roles (such as tenant representatives in buildings, tenant association members, STAC members, and tenant members of governance committees) to participate in an engagement design process with us. Tenant leaders were also identified by other tenants and staff as seniors who are active in their building, whether recognized as a formal tenant representative or not.

We engaged 22 senior tenant leaders during the design phase of the process to:

• Describe the project and scope of work funded by the City of Toronto

- Seek advice on who to recruit across various identities and experiences (such as age, ethnicity, language and culture, mobility issues, 2SLGBTQ+)
- Interpret differences and similarities across buildings and regions (such as size, facilities, location in 'service deserts')
- Hear their perspectives on how best to reach out to senior tenants
- Identify conversation approaches that are comfortable and generative
- Understand how tenant leaders wish to be involved in Phase 2

Key learnings about project design from Phase 1:

- Need to move from engagement about 'hubs' to a broader understanding of seniors' needs and preferences to support health and wellness—Don't start the conversations talking about the 'solution'. Take the time to understand the problems seniors face and work toward a solution from there.
- Need to work closely with members of STAC who opt to participate in a 'STAC Working Group' to advise Health Commons on project design and implementation in real time—One or two meetings with STAC members is not enough. Create an approach that deeply embeds STAC input into all aspects of the project.

The creation of the STAC Working Group was informed by key messages from committee members:

- They are a group with deep expertise on the experiences of senior tenants
- They value an engagement process that is neutral and independent
- They want a comprehensive process that represents a range of seniors experiences
- They expect fair and transparent processes
- They are an advisory body to Toronto Seniors Housing Corporation and the City of Toronto
- They recognize that each building is different, with different characteristics, considerations and communities

We collaborated with STAC Working Group members by hosting two weekly working sessions over 8 weeks. The purpose of these 1.5-hour meetings was to shape project implementation by:

- Reviewing and refining the engagement plan
- Defining key concepts
- Developing outreach and recruitment strategies and messaging about the project
- Creating tailored interview guides for focus groups and one-on-one interviews
- Analyzing themes re: what we are hearing
- Contributing to insight generation
- Providing input on presentations and report

#### What we learned about communication approaches

- Advertise to and address people in the language that they speak
- Employ face-to-face conversations (when preferred by the tenant)
- Make an effort to hear from everyone who wants to share
- Treat the engagement as an event that is for the people participating
- Keep senior tenants in the loop on the results of the engagement
- Take the time to set the context for the engagement why it is happening, what happens next
- Communication approaches and information sharing should demonstrate respect to tenants and push back against stigmas and power differentials

# What we learned about how to adapt this process

- Shift of 'hubs' focus to broader models of support—meaningful engagement requires that we do not presuppose a solution
- Tenant leaders should shape how engagement activities are envisioned and delivered
- Expectation of STAC membership that they would be involved in step-bystep implementation planning
- Regular streams of input, influence and responsibility for seniors and those working in the system a model of embedded empowerment of seniors
- Organize workflow to include weekly touchpoints on key project activities (e.g., question guides, outreach strategies, analysis of themes and ideas)
- Enable active participation in the development and ownership of ideas and plans (input), don't just ask tenants to react to decisions that have already been made (feedback)

- Prepare discussion materials, but leave lots of room for the conversations people want to have
- Deliver various models of conversations because seniors want conversations that work for them—on their schedule, in their language, using their preferred technology or no technology
- Protect ample time for review, discussion and reporting that authentically reflects the advice and voice of seniors
- Enable generative interactions about the 'what' and the 'how'
- Make room for participants with a broad range of identities, allowing for consideration of the unique experiences of seniors and what matters most to them

Phase 1 concluded with a new focus on opening up conversations with senior tenants about broad health and wellness needs and supports, and hearing how best to meet those needs from a variety of stakeholders. We also launched a STAC Working Group with a co-written charter describing how to work together to implement and iterate on the engagement plan.

#### Phase 2: What should it look and feel like to talk about health and wellness?

Guided by ongoing involvement of a STAC Working Group, during this phase Health Commons:

- Focused on gaining a deep understanding from a broad cross-section of senior tenants about what service delivery looks like today, what services could change health and wellness for the better, and what access should look like
- Conducted conversation-based focus groups, short interviews and long interviews to understand and capture the voice of seniors in ways that suit their communication preferences and recognize existing groups (e.g., Tenant Associations)

#### Who we talked to

In Spring 2022 Health Commons engaged with 87 seniors, offering them the opportunity to participate in group conversations, short (15 minute) one-one interviews or longer (60 minute) interviews depending on their comfort and/or preferences. In total, Health Commons spent over 70 hours in dialogue with

senior tenants. We also offered participants the opportunity to provide their input in-person, over-the-phone or via video conference – it was their choice.

We spoke with an approximately equal number of men and women between the ages of 61-90, living in 35 buildings across four regions whose seniors housing experience ranged from 'just moved in' to 25 years of tenancy. A few people had lived in more than one seniors building, and most lived alone, although a few participants were caregivers for a spouse and many people supported their neighbours. Our conversations were held in Vietnamese, Mandarin, Cantonese, Russian, and English. Compensation was provided.

From the beginning, we planned on engagement approaches that include the voices of diverse identities, experiences, ideas and priorities—and these are reflected in the descriptors seniors used to describe themselves below:

How senior tenants described their ethnicity\*...

African Canadian (Afro-Canadian)

**British-Canadian** 

Canadian

Canadian-Chilean

Chinese

Chinese-Canadian

Columbian

**Dutch-Canadian** 

English

**English-American** 

**English-Canadian** 

English-Irish-Norwegian-Scottish

European

Filipino

Filipino-Canadian

French-Indian

Guyanese

Indian

Irish-English

Italian-Norwegian-Swedish-Sicilian

Jamaican

Jamaican-Chinese

Korean

Nigerian

Polish

Polish-Czech-German

Scottish-English-Irish-Canadian

Scottish-Irish-English

Vietnamese

What else did senior tenants want us to know?\* They are...

2SLGBTQ+

A quiet person

**Activists** 

Artists and craftspeople

Grandparents

Leaders

Living with a disability

Loves people and smiles a lot

**Parents** 

Pet-people

**Professionals** 

Speak multiple languages

Survivors

University grads

And with many, many interests

And so much more...

#### What we asked senior tenants

Our question guide was designed to create space for senior tenants to talk about what matters most. We developed a series of prompts to understand:

<sup>\*</sup>Note that some seniors chose not to provide this information, but answered our questions about health and wellness, and we are grateful for their contributions.

- Tenant perspectives: What does 'health and wellness' mean to you (social, emotional, mental, physical, etc.)?
- Tenant needs and preferences: Do you feel you have what you need to care for yourself in the ways you want? What's there? What's missing?
- Use of space: How many days a week are tenants willing to give up their common areas for service provision?
- General safety: What needs to be in place for seniors to feel safe at home?
- Insiders and outsiders: How do you feel about people from outside accessing services in your building?
- Program and transportation planning: What kinds of activities would you like to see and where?

We also followed advice from tenant leaders to explore the meaning of independence and community, hopes and fears seniors hold today, sources of purpose and joy, and more.

#### Asking the right questions in the right way

We could have administered a survey, but we didn't. Surveys may come later, but for this engagement tenant leaders emphasized the importance of conversation—of demonstrating that we are listening—and the senior tenants we met expressed gratitude for this approach.

- "But you being not with Toronto Housing, right? To be able to have a conversation like this from an outside source that's a first for me."
- "...you don't know how much I appreciate the time to be able to share the bad things that are going on in my house but I thank you very, very much. You don't know what it means to open up sometimes to people."
- "Health and wellness means a lot to seniors in the building. I think we're in a good direction. What you guys are doing is very good because you'll know what they need, what they lack, and improve it at the same time."

#### Non-tenant stakeholders and audiences

The focus of this engagement was on the senior tenant's voice and experience, although we also spoke with a limited number of key stakeholders to better understand the history, current context and future of the new corporation (as this

work unfolded during the transition period to Toronto Seniors Housing Corporation). Stakeholders we spoke to included Toronto Seniors Housing Corporation reps and staff via interviews, Quality & Tenant Engagement Committee meetings, and Toronto Seniors Housing Corporation Board meetings. We also held regular meetings with Seniors Services and Long-Term Care (on behalf of the City of Toronto) as the funders of this project to provide progress updates and fulfil accountability expectations.

With the STAC Working Group, we identified other stakeholders (associations, agencies, caregiver groups, etc.) that are important audiences for this work, and should be considered for communications related to these recommendations. Some providers are local to a building and others may reach multiple buildings: health care, social care, security, translation and interpretation, transportation, emergency services, and community groups all have a role to play in partnering with senior tenants and improving quality of life and service.

#### What We Heard from Senior Tenants

"I'm here because I advocate for people."

Stemming from an understanding that listening can serve as an engine for wellness, we had two key objectives for this engagement:

- To hear from seniors about their needs and preferences and the services and supports required to meet them
- To understand some of the key issues that had emerged related to the proposed 'hubs,' issues such as use of space in a building, input on program planning, safety and non-resident access, and service location and transportation

We heard from senior tenants that health and wellness includes many aspects of life and is personal. Recognizing that there is no one-size-fits-all solution and that seniors are the experts in their own experiences are core principles of this engagement. We engaged with enough people to be able to surface a number of key themes and ideas that were heard across many conversations, but are also very mindful that not everyone would agree on any given point; any planning and engagement going forward should take this into account.

Getting to know senior tenants and what matters to them

- "[Housing staff person] said all you do is knit. They don't even know what
  we do. We're very active. Some are working, some do advocacy work and
  volunteer work. We enjoy our families, our neighbours. We enjoy doing the
  things that we do while we were younger. That's been lost."
- "...I've seen some people fall by the wayside, they've had a stroke, heart conditions, and you see someone in the wheelchair. So, the support is required, and we know it is required, but it cannot trump the need to build community and good will for ourselves."
- "People out here are not allowed to actually advocate...if you're not allowed to advocate with that, there's something wrong with the system."

**Insights and Ideas** we gained through this process follow, along with **A Roadmap** of Recommendations and Framing a Plan now and over the longer term.

Insights into how senior tenants talk about health and wellness can be grouped into three themes:

- 1. On Culture: Building trust through a culture of respect and mutual support
- 2. On Services: Specific advice around priorities and improvements
- 3. On Living Spaces: What makes "housing" home

# On Culture: Building trust through a culture of respect and mutual support

One of the key ideas to emerge from our discussions with seniors was the importance of relationships, specifically how people treat each other and the way decisions get made can contribute to—or detract from—feelings of trust.

In listening to seniors talk about what made for a positive culture, we heard about the factors (such as ageism and disrespect) that contribute to poor cultures, as well as the factors (such as independence, feeling seen, and communications in their own language) that contribute to positive ones. We also heard about the value of setting the right tone from the outset, when seniors first move into the building.

Ageism and disrespect threaten wellbeing

Seniors had a lot to say about how they are treated. Tenants spoke about a sense that, because they are older and live in social housing, they have been "cast aside and are unimportant," that their security is not important, their grievances don't matter, and their homes aren't worth maintaining.

Seniors are not children, and speaking a language other than English doesn't mean they are not smart and worthy of respect. The creation of the new Toronto Seniors Housing Corporation directly affects them, but the conditions necessary to empower them to actively engage in and shape the impacts of this change are not present. This is compounded by seniors hearing staff and others talk about them in dismissive and disparaging ways.

For many, seniors housing feels like an end point instead of a beginning, and being spoken to with condescension makes the changes people may be experiencing with the introduction of the new housing corporation more difficult to manage rather than easier.

#### How did we get here?

- "Seniors are only here by a twist of fate divorces, bankruptcies, illnesses, disabilities, family interactions that went sour, jobs that they didn't reach because of their age, and a lot of other factors...they didn't leave anything for themselves."
- "You don't know how life is going to stir you—all of a sudden you're not making money anymore and you don't have that insurance policy anymore. All at once, you're older and you have no place to live. I lived for 5 years in a mobile home—a motorhome. Uninsulated. At 50 below zero. You can imagine living like that for 5 years, so you know how grateful I am to be in housing. But, it doesn't mean I left my brain there."
- "I'd like to mention that as a community, we are stigmatized living in community housing. One time, I was talking to a politician. I mentioned to her about tobacco smoke. She said, 'What do you expect when you live in community housing'?"
- "Tenants have worked all their lives to create the world we live in today and we don't treat them with respect"

# Ideas from seniors to reduce ageism

- Ensure any recommendations going forward address ageism and disrespect—while it's important that we talk to seniors, <u>how</u> we talk to them is equally important, as is how we talk <u>about</u> them
- Create a campaign highlighting tenants' strengths and contributions across the housing corporation
- Plan intergenerational activities with young people through local schools and community centres
- Initiate building beautification initiatives e.g., plants and pictures that reflect the floor and/or building community and character)
- Provide anti-ageism and de-stigmatization education for staff and tenants

#### Independent, together

Seniors had a lot to say about the meaning of 'independence,' defining it for themselves as doing for oneself what one can, while getting help when and where needed. This was seen as important for self-worth and self-esteem, and demonstrates respect for personal preferences and autonomy and varied stages of life.

Seniors also shared their insights on how to support their independence, including by leveraging their peers (other tenants) to encourage participation in activities that support wellness without threatening independence—they made it clear they value encouragement, but don't want to be told what they need and the decision to participate in something should always be their choice.

What does independence mean to you?

- "I don't need the PSW to do what they think is good for me...I'm so embarrassed to ask the PSW to go buy something for me."
- "I'm 68, and I want to say what I want to do. I'm not ready to lay back and have someone coming and say ok you've got to eat now, you've got to do this now. I want to remain independent. I think in the aspect of health, if you have proper programs to put in, this will help people to maintain their independence and wellbeing."
- "Sometimes the [senior tenant] says no I don't want this or that, but if you say ok let's go to try and do it, they enjoy it and like it."

• "Well, I call myself the most sociable unsociable person. It always gets a laugh but it's real. I'm perfectly fine on my own. And, I'm also perfectly fine in a group."

#### Ideas from seniors to promote autonomy

- Provide easier access to devices that support mobility (walkers, scooters and wheelchairs)
- Offer personalized training on how to use the exercise equipment, laundry equipment, smartphones and more
- Provide a regular 'light housekeeping' service available to everyone
- Coordinate and support 'light' and flexible volunteer roles with local organizations
- Facilitate education and hands-on support with filling out paperwork and ensuring seniors have access to all the benefits they are eligible for and complete mandatory processes (e.g., Service Canada, Service Ontario, annual housing forms, survivor benefits, taxes forms, etc.)

#### The power of asking how someone is doing

Tenants talked about the value of being seen, heard and respected, and someone checking in on how they are doing can be a demonstration of that. Tenants described how they keep 'an eye on' specific neighbours—they worry about others behind closed doors, and recognize that if they live alone and/or are not socially connected, serious health and emotional situations can and do happen inside a unit that nobody knows about until it is too late to help.

#### What does it mean to check in?

- "I think if we love ourselves, I think there's nothing wrong if I just knock on your door and say I'm just wondering if you're ok."
- "The wellness check that goes on is often quite long. You don't get an instant response. If the children can't get in, somebody that gets that twitch about being worried for their parent, it needs to be reconsidered I think. It also needs to be reconsidered for those who haven't heard from so and so. It's too long of a process. I need to see a more crisp response."
- "You are lonely inside the house. When you go to bed, there's no guarantee that you wake up. People will always say oh, something is smelling here.

- The other day, I don't know if I spoke about this because it happened in my hallway here. Somebody died."
- "You know like in the hospital they have volunteers. Students or other people who volunteer and ask 'would you like to have a glass of water or something?' We need someone to go around and ask if [they] can help."

### Ideas from seniors to embed check-ins into building culture

- Undertake check-ins via phone calls, personalized letters, door-knocking and group events (ensuring these things are kept brief, informal, friendly and conversational)
- Initiate casual conversations about hot topics (e.g., "How do you feel about the changes taking place?")
- Circulate a multi-language census and get to know what people's hobbies and interests are
- Host a staff-led tea party and ask people 'how are you doing today'?
- Ask <u>everyone</u> what they need (not just people already receiving assistance/support)
- Consider tenant-led check-ins as a way to help the tenant who hasn't been seen in a while as well as the tenant who is worried about their neighbour
  - Or, this could be a role for the Seniors Services Coordinator month by month, floor by floor, knocks on people's doors

#### Start tenancies off well

Many tenants described how, upon moving into a new building, it would be helpful to receive information and to feel welcomed into the new community. In addition to starting a relationship between tenant and staff that is positive and supportive, and that sets the focus on tenant wellness right from the beginning, this would also be an opportunity to include the new resident's input on key interests and needs for the building profile. Tenants considered this a critical step, as they described how needs and preferences at the building level change over time as the resident population changes (e.g., shifting language groups, more/fewer tenants using mobility devices, etc.).

A more active, focused welcome can set people up for self-directed service navigation before they need the service. What's more, it provides an opportunity to identify potential tenant leaders early in their tenancy.

Going back to the notion of check-ins, it was suggested that cultivating a practice of checking in from the beginning might make it feel less intrusive later.

### What would you find welcoming?

- "So, at least once a year to catch those new people. Or, whenever a new person comes in. The [housing corporation] have a new package ready to say these are the services that are available to you, right? When I came in, no I didn't do that."
- "To have a little welcome package for every new tenant that comes in saying here's the services that are available and there will be surveys to know what you're interested in."
- "For me it was very interesting moving here in 2015 to see there were people living here independently but also getting a little bit of help and getting what they need. But also for the tenants that don't require that type of service, I think it would be helpful for them to know where to go."
- "The welcome idea I suggested to help with maintenance needs. That
  monthly, the super could go around with the maintenance cards and ring a
  bell on each floor...It's a way to integrate staff with tenants into a working
  relationship in a way. Something like that is particularly beneficial for folks
  who can't get out."

#### Ideas from seniors to start tenancies off well:

- Interview tenants about their needs prior to tenancy (supports in place at the earliest opportunity)
- Form a 'Welcome Wagon' group with staff and tenants providing information about the tenant's new home and neighbourhood, and showing kindness to the new tenant upon arrival
- Establish a door-key person and process to minimize extensive wait times for assistance when a tenant cannot access their unit

#### Voices in many languages

Toronto Seniors Housing Corporation buildings are home to tenants who speak a wide variety of languages, including those who do not speak English. A lack of translation and interpretation supports can lead to a lack of cohesion and camaraderie in a building or worse – it can be a driver of friction between

linguistic groups, with people feeling left out, or that they are leaving others out. Recognizing this, many tenants want ways to better connect across language groups, and in our discussions highlighted the importance of inclusivity for programs and activities.

Often, the burden of translation falls to a small handful of people or even a single individual who speaks multiple languages, and efforts to support these people and expand the translation pool should be explored and must also be responsive to changing linguistic representation over time.

Tenants also pointed out that there are many activities that don't rely on language to deliver (e.g., dancing), but that an effort has to be made to ensure people are aware of them and know they are welcome.

How are different language groups supported in your building?

- "Everything is in English. I have asked repeatedly that it be translated but I haven't heard anything."
- "The only thing that I realized when I was asked at one time to get something together for all the seniors, there is a stumbling block here when you have a variety of people from all different cultures and heritages. I find they like to stay together and there's a lack of participation as a whole. It's all separate."
- "I represent at least 200 people here. All the Chinese are represented by me...There's a language barrier sometimes, but I know as a tenant rep, some of them can't speak to the super but they're knocking on my door all the time asking can you help me with this. You gotta help them."
- "We don't have any programs in our language. We would like to exercise, attend lectures and education sessions and listen to music, dance. Have concerts and intergenerational programs... Most of us are holocaust survivors and we often feel trapped in our tiny apartments. Sometimes we are haunted by our past and only music, art and mindfulness programs, concerts, socializing in our language help us to deal with our fears and nightmares."

Ideas from seniors to enhance multilingual communication:

- Deliver important announcements in multiple languages (many can be prerecorded, such as 'false alarm' messages after a fire alarm, which is common)
- Organize regular tenant meetings by language groups (make sure there is a meeting available for everyone – not necessarily in every language)
- Communicate in multiple languages and recognize official languages when appropriate (Formatting tip: English does not always need to be at the top of the flyer)

# On Services: Specific advice around priorities and improvements

Senior tenants described how to address gaps in services and supports, and how to make better use of what is available. They talked about how finding better ways to support tenant leaders who are well-positioned to assist other tenants, that navigation support can bring service providers and tenants closer together, and how frequent engagements to identify tenant interests could improve wellbeing. They also highlighted significant gaps in support that should be addressed now.

#### Tenants are ready and able to lead

Seniors had a long list of practical needs, as well as a clear need for more support for tenant-led activities—they emphasized that they are ready and able to contribute and that, in fact, many already are. Doing so provides tenants with a sense of purpose for both those leading the activities and those participating. Importantly, they talked about the need for "reasons to get up in the morning" and many said they find purpose and a sense of self-worth through giving back, making good memories for fellow tenants through self-determined programming at home and offering programming to their neighbours.

However, seniors flagged the need to reduce barriers and enable current tenant leaders and new tenant leaders. Some of the barriers to tenant leadership include: lack of visibility as leaders; activity funds that are very difficult to get; limited access to information and support; and lack of translation support for posters and flyers. One of the biggest barriers cited was not resource-based, but, rather, came back to the dynamics between tenants and staff and the sense tenants have that they are not trusted to have good ideas or to implement them.

#### What does it mean to be a tenant leader?

- "The other point is that we always think that seniors need help, which isn't true. Seniors can also help, if they are involved. If they improve the communication, then the seniors are involved and all of them can be a volunteer to help each other. Everybody has skills that are needed."
- "I think what senior tenants also need is a sense of being included and valued. It has to be on site for that to happen...they can't be expected to take 3 buses to do it."
- "[Tenant leaders] brought me a lot of comfort because their intelligence and strength of character was apparent. They remind me of grandmother elders that our native population would respect. These people were not interested in the hassles, the dysfunction that exists."
- "The downside of having been a tenant association founder is that you sometimes get knocks on your door at 10:30 at night about a clogged toilet. You have to have parameters."

# Ideas from seniors to enable tenant-led programming and empower tenant leaders:

- Create a simplified proposal process for accessing space and staff support
- Ensure predictable funding for new ideas and activities
- Enable peer support initiatives that connect leaders across buildings (tenant leader to tenant leader)

#### How to improve current supports

For existing supports to be helpful, seniors need navigation support. Tenants talk about not knowing what services and supports are available for them in their unit, building and neighbourhood, and that navigating these systems can be daunting. Currently, many feel they need to go out of their way to find information about available supports, and many don't leave their apartments, meaning they can learn about any new activities or programs only by phone.

This could be addressed in part by improving the visibility of navigators so that tenants know where to go for help. Talking to tenants about what is in the resource handbook that might be relevant for them could also go a long way.

#### What worries you about accessing services?

- "People want to stay in their apartments and we are ageing. Our bodies are ageing and there's not nearly enough home care or PSW support to match the ageing in place model. There's a lady who needs a little bit of help, and she would need to wait 2 years, and that's insane."
- "I see a number of things happening in my building that don't really understand how seniors go about their day, what they need for help."
- "I really don't expect the [service coordinator] to be able to answer a lot of questions. I expect them to be able to find out pretty fast, and to make a referral to somebody who is an expert in this stuff. So, yeah, I don't expect them to intervene with some stuff. But, I do expect them to have at their fingertips the people who are able to deal with it."
- "We have support in our building, but for someone like me who does not speak English; it's hard to communicate with the English speaking staff."

#### Ideas from seniors to enhance access to supports:

- Post paper-based communications such as flyers on each floor, in elevators and throughout the building
- Provide senior tenants with navigation support in their own language
- Set up SSCs in the lobby rather than behind closed doors (for some of the time and for non-private interactions with tenants)
- Organize transportation to existing health, community and active living centres
- Offer medical providers who do house calls and/or escorts and transportation to medical appointments

#### Important role of service providers

Tenants value the important role service providers play, and have clear ideas about what they do and do not want. For example, they talked about expanding the scope of potential service providers to include local businesses and individuals who can offer something specific that tenants want (nearby coffee shop or a particular pharmacist), but they were also clear that they don't want service providers to 'take over' common space in the building or become the gatekeepers on space in the building.

We talked to seniors about what it might look like for tenants and service providers to partner on service delivery and heard clearly that tenants want a say in which programs are offered in their buildings, who has access to those programs, which providers are 'the best fit' and check-ins on how programs are going and when a refresh might be beneficial.

When this engagement is absent, tenants may not trust a service provider and then won't use that service — and trust is a key component of this (and all) relationships. We also heard that tenants and service providers can build relationships through programming, including programming that tenants lead (service providers can accompany others to that program or provide backbone support to that program). In essence, they want a collaborative relationship, one that supports 'bonding' through delivering or participating in programs together.

What should relationships with service providers look like?

- "...we don't want to have one single [agency], we tried to ask our tenants, would they want one single monopoly or as many as possible?"
- "Having an open door policy with community organizations that want to come in and visit for various reasons is a very good idea and should be fostered."
- "...sometimes the larger organizations, and we've watched this happen through LHIN, that a few of the larger organizations sort of suck up all the life out of any of the smaller organizations that have excellent services to offer. And I think that's why tenants want to have their voices included in whoever is providing services."
- "If you have a program without food or coffee, it's gonna fail. First year I was here, I had talked to the agency that we were involved with and they said they were going to come in and have music. And I went, 'what about coffee?' I said I'll supply the coffee. I went out and bought pastries. We had 60 people there."

# Ideas from seniors to build relationships with service providers:

• Invite various service providers to lead informational workshops and seminars (e.g., medication interactions, diabetes, harm reduction, financial literacy and form-filling, First Aid awareness)

- Have service providers who speak different languages to lead activities that take seniors out of the building (e.g., go on walks) or inside the building (e.g., exercise classes)
- Operate a health truck—drive to the buildings and provide medical and other healthcare services

#### Biggest gaps in support right now

The seniors we spoke with identified significant gaps in support that erode trust in the housing system. A number of critical issues were identified including bedbugs, cockroaches, rats, second-hand smoke, disruptive substance use, mental health crises, emergency response, violence, elder abuse and people dying behind closed doors, alone.

These issues are detrimental to health and wellness—and when not addressed, interfere with seniors' ability to engage with wellness initiatives. We can't expect the full benefits of programming when these needs remain unmet. Services addressing these needs should be viewed as health and wellness services.

In the absence of these issues being resolved, tenants can feel stigma (and impose stigma on others), and there is significant worry attached to the sense of judgment that accompanies living in these circumstances. Tenants recognize privacy concerns, and want their own privacy maintained, but also note that routine checks can be important to supporting individual and community wellbeing. For example, tenants may have information that can help staff support their neighbours, but are unsure who to talk to and how to engage with that person.

What concerns seniors about the conditions they and their neighbours live in?

- "This building should be knocked to the ground...You will never get the cockroaches out"
- "There's a tenant that's bed bug infested. She's constantly bitten. I sent a notice to my super maybe three weeks ago asking where does the tenant go in that kind of situation. She doesn't have family to go to. She doesn't have anyone in there who wants to be in her apartment. That's the only place she can be isolated or where she can be safe."

- "I think the issue of individual unit cleanliness, especially in the case of cleanliness, needs help. I don't know how you'll address privacy concerns, but there needs to be a way to address that issue for everyone's safety."
- "A couple years ago my next door neighbour was having a lot of problems in regard to alcohol and falling down. I thought maybe the guy needs some assistance like a case worker because he's up at all hours slapping and banging and I'd hear him fall down at night. I asked around, the front office and Super if they could help him. They got him help."

## Ideas from seniors to maintain safety and security:

- Create a specific buzzer code so paramedics can have immediate building access after security goes home (or if security is not onsite)
- Provide comprehensive pest control review and response in each building
- Review ventilation systems and make air quality improvements where necessary

#### Frequent engagement with seniors on program interests and impacts

Successful service and support offerings begin with asking senior tenants what programs they want delivered in their building. Seniors tell us they want to stay sharp and learn new things, which means services offerings need to be dynamic, while at the same time offering a sense of predictability and stability (people get tired of things that start and stop for no apparent reason). They recognize that not everyone will come to everything, but that there should be something for everyone—inclusivity is important, as are getting the timing right and being responsive to emerging areas of interest and needs.

Related to responsiveness, senior tenants also want the opportunity to evaluate programs and services and for things to change as needed. What don't seniors want? Tenants are skeptical of any approach to local service design that involves programing decisions being made without consideration for tenant preferences.

# What collecting input can change?

 "The main thing that I'm concerned about all of this is that we're not asking the seniors what they want and when they do they forget it."

- "There might be an organization that would have the proper staff to basically come and investigate what the people would want and have specific times: morning, afternoon or maybe even evening."
- "You think that the agency that comes in every morning with very nice staff actually asks me whether I'm happy with the service? Do you think that because I'm vulnerable I would be overly critical over them?"
- "This is a fabulous opportunity for us to help shape services in years and years to come so that the city can have what I like to see is a system that is recognized by other cities."

#### Ideas from seniors to promote responsive, high-quality services:

- Regularly assess what tenants are interested in for programs and services in their building
- Address each unit specifically and send out personal letters asking for input
- Evaluate activities—get tenant feedback on a regular basis
- Organize roundtable discussions to surface what seniors are interested in and curious to learn more about (e.g., lectures, trivia nights, healthy behaviours, dances, 'breaking bread' together, etc.)

# On Living Spaces: What makes "housing" home

Senior tenants talked about what it feels like to live in Toronto Seniors Housing Corporation buildings today, and how practices and procedures that impact use of space, resolving issues between tenants, or what happens when tenants raise a concern impact health and wellness. It is clear that living in a building where safety is an issue is a significant challenge requiring a building-level response, and that many people feel isolated even though there are many neighbours living nearby.

#### My lease, our space

We heard how common areas are important extensions of the small spaces in which people live, and therefore contribute to seniors' overall health and wellness. Senior tenants who like how space is used in their buildings talk about gardens and places to gather, and how common spaces are important for 'bumping into' others or for planned activities such as card games. Having pleasant and comfortable places to gather was important to them, with some

expressing that they do not feel comfortable inviting others into their own units (for reasons ranging from the space being too small/lacking furnishings, to having bug problems and feeling unsafe).

Although the right to access common space is in the tenant lease agreement, tenants told us that sometimes it is not clear when you can and cannot use the space, forcing them to find someone 'in authority' to grant them permission.

What do tenants want for their common areas?

- "I really would not like to see somebody turn out to be the gatekeeper of this thing. I would like to see a variety of people in here doing a variety of things and somehow finding a way to share the space."
- "So this is the real importance of those community rooms, and any infrastructure that is set up, no matter how much care it wants to provide, if it doesn't have that human element, that people supporting each other have, it basically is cold"
- "And here we sit with the city once again and we're locked out of our legally mandated community spaces. I have the right to be in that room."
- "Last year, or a couple years ago, there was a meeting or a talk for both English and Chinese-[speaking] tenants. It would be good to have a TV in there. That is what this tenant suggested, but they were told "Why not get your own TV?"

# Ideas from seniors on use of common space:

- Create roles for building-specific space coordinators to enable transparent space management across tenant and service provider users (recreation rooms, gardens, lobby areas, etc.)
- Do not allow any single service provider to monopolize a given space for extended periods of time
- Provide seating for people to rest and socialize (inside and outside the building)
- Provide partitions or other ways to divide large areas so multiple groups can be active in the space at the same time

The barriers feeling unsafe create

While some tenants feel safe, others are afraid of neighbours and/or people from outside the building—and note poor or absent responses from staff and other services. These threats stop seniors from engaging in wellness activities. Seniors talk about the importance of building security but also the trade-offs they make such as not locking their door in case they need urgent assistance.

People come in from outside to sleep, sell drugs, bang on tenant doors or windows, live with senior tenants, and more. We asked tenants how they feel about people who don't live in the building accessing services and supports in their building—they were not in favour of outside people coming in. Though there are conditions under which 'outsiders' would be welcome—relationships with other buildings, friends and family, and students as part of intergenerational collaborations were suggested. It is clear that there needs to be a way to monitor these visitors to enhance tenants' sense of safety.

What does a lack of safety look like?

- "In our building when we hear a siren, we're pretty sure it's coming to us. It so often is."
- "The constable questioned [my guest] quite a bit about entering the building which is good. But, I'm getting another fob and key for him. I'm just wondering if that isn't a safety thing for people who are elderly like us and may not wake up in the morning."
- "...I've experienced dangerous situations on [my] floor to do with drug use, selling drugs, injecting drugs, there's been blood in my hallway, there's a tenant on my floor who uses drugs. Prostitutes come in and out."
- "I have no current concerns for my safety in our building...[but] I would not feel comfortable being in the lobby alone waiting for the bus if members of the community were coming in."
- "The security guard said forget about calling the internal CSU just call the police. But the catch 22 with that is if you call the police and say my life is in danger, apparently you have to tell them there's been a fight with bloodshed or something else happened, and I feel my hands are tied. And there are no resources. I don't feel protected at all."

#### Ideas from seniors to improve safety and security:

- Enhance security services based on what residents in the building identify via a security assessment (Security 24/7, community watch, guards trained in First Aid)
- Ensure residents are aware of the importance of closing the front door with clear communication
- Enable a tenant-led 'community watch' initiative with a close relationship with security

#### Isolation and the importance of supporting connection

Given recent public health directives that encouraged isolating from others, it is no surprise that many senior tenants (most of whom live alone and many without family) talked a lot about the importance of social connection, and the negative impacts of isolation on their wellbeing. Tenants also talked about the other 'forces' that create social isolation and loneliness among older people including: 'Canadian culture and values' and the costs associated with 'going out.' There is also the reality of loss when neighbours die, which affects a person's sense of connectedness, often leading to feelings of being alone with their worry and grief. At the same time, however, seniors spoke about how helping others can address—and even stave off—isolation.

For some, finding ways to connect with others can be as simple as frequent trips to the laundry room, while others take on the role of 'social connector'. But, in any case, tenants made it clear that while they want and need social interaction, it needs to work for them personally, which for many means that it must be easy and feel good to join (the difference between a meeting and a party). Many talked about entertainment and lectures, gardening and exercise classes, and just time to chat over coffee.

#### What about social connection?

- "But a lot of people are lonely and you're probably the only person that they've interacted with for months and months."
- "We started chatting a long time ago, 3, 4 or 5 years ago. There's a lady, I think she has a heart problem. Maybe I'm the last person she spoke with. She said I'm feeling bad. I called 911 and they took her away."
- "Because people in this building, I've been here four years, and they're not very, we're not very interlinked. People come and they do their programs

- and they go back to their apartments. It seems to take quite a bit of effort to either change things or get new things happening."
- "There's still that loneliness with some people. They want to participate but they aren't given the chance to. When you see somebody sitting alone, walk over, talk to them for 15 minutes. Introduce them to their neighbour. Bring in agency staff."

#### Ideas from seniors to reduce isolation and spark active communities:

- Pair buildings when tenants think it is a good match, and host joint social activities
- Organize group shopping trips once or twice a month
- Equip every seniors building with free Wi-Fi to support virtual connections

#### Mediation for tenant-tenantissues

Tenants observe, and are concerned about, the disruptive behaviours sometimes exhibited by their neighbours. These behaviours are varied in nature (e.g., bullying, harassment, declining health) and are the result of a range of circumstances (e.g., dementia, substance use, racist and sexist attitudes).

Even seemingly innocuous behaviours can have a negative impact and become issues for tenant health and wellness—tenants understand that a neighbour may have the TV on at high volume because they are hard of hearing, but the result can be night after night without adequate sleep.

Regardless of the issue at stake, it can be frightening for seniors to approach a neighbour when they are not sure how they will react, and other avenues for addressing issues are not always sufficient. Seniors acknowledge the limits of what housing staff can do—that they cannot, for example, force people to accept help—but there is also uncertainty around whether or not staff can ask a service provider to look into a neighbour, or if an "entire internal corporate procedure" is required. Although tenants understood that submitting a complaint is possible, the steps to a resolution seem unclear and unsupported.

What are some of the challenges between neighbours?

 "There are some problems with certain residents drinking that makes other people feel uncomfortable."

- "If it impacts you as a next door neighbour whether it be the bed bugs or the bad behaviour, this is I think a serious issue and that is that a lot of tenants have a lot of social, emotional, medical, cognitive needs, but if they say they don't want the help, well they don't have to get it if they don't want it."
- "To have a staff person who can help if a resident is not feeling safe, being bullied or threatened. Currently, there is no one available to complain to."
- "The strong smell of ammonia is an after result of what they use to cook the ingredients. It smells like a cat woman who hoards cats. I used to go by his apartment all the time. It was so strong. I mentioned this to the cop at the meeting who was very condescending and he said well he must've been scrubbing his bathtub with ammonia cleaner. He said we can't prove anything."

#### Ideas from seniors to reduce tension between neighbours:

- Provide a letter and talk to tenants when they exhibit problematic behaviour or cause an incident to demonstrate commitment to resolution
- Provide an on-call social worker or other responder to call for advice and clarification
- Ensure there is a transparent process, as well as expectations and consequences for particularly disruptive behaviours

#### It is so hard when nobody responds

Tenants talked about not hearing back, that staff are always too "busy" to respond to tenant concerns, and how "far away" the people who actually make decisions around their concern or complaints are from them. Tenants are told their concern needs to be directed to a supervisor, after which a team meeting might be held, and then a decision may or may not be made, which is a long process to go through to get a response. Tenants also noted the appearance of some people getting a response while others do not ('depending on connections'), which creates a sense of unfairness. As well, with high staff turnover, tenants are often unsure who to call and end up left with the impression that no one wants to stay involved.

At the same time, tenants identified some key individuals in their day-to-day lives who they felt were highly responsive and supportive (e.g., Seniors Services

Coordinators, Superintendents, etc.), but the overall sense is that silence, very long wait times for a response and unfulfilled promises erode trust and lead to feelings of 'being burned' over and over again.

What happens when responses are not predictable?

- "You don't hear anything anymore! That means they ignore you. So, why should I report that an atrocity has been committed? That abuse has been committed to me. We are in Canada where I must take the abuse."
- "I need to bug everyone and ask them why they're taking forever. It makes the tenants feel unimportant and I would definitely feel under-appreciated if I were them. Everyone has a role to play, superintendents, everybody. Communication is broken and nobody seems to be committed to improving it. The people above us aren't listening."
- "You can't just put people in [seniors housing] and the responsibility ends. It doesn't just work that way. Some have illnesses, some related to age. You can't just ignore it. That's what's happened here. And that's why the police have been here time and time and time again. It feels very wrong. I mean, the police were here 4 times in 1 day!"

### Ideas from seniors to enhance accountability and consistency in responding to tenant issues:

- Establish standardized response times to complaints and requests
- Create a responsive helpline for urgent matters (including but not limited to a bedside alarm button that is connected to a 24-hour unit that can respond and send help immediately)
- Ensure responses to inquiries and concerns are in the senior's language

#### A Roadmap of Recommendations

One of the strongest themes to emerge from this engagement was that seniors are the experts of their own experiences—and harnessing that expertise is key to ensuring a fit between what people need and what our systems provide.

Putting in place structures and accountability to enable the ongoing engagement and integration of seniors' expertise, preferences and needs will lead to services and supports that are accessible, impactful and efficient.

Recommendations for actions are categorized into four main areas:

- 1. Follow Me: How Toronto Seniors Housing Corporation can advance an understanding of the what, when and where of services and supports for person-centred ageing in place
- 2. Building Community: How Toronto Seniors Housing Corporation could develop a building-specific understanding of senior tenants needs and preferences
- 3. A Working Network: How Toronto Seniors Housing Corporation can create a framework that enables tenants to provide input into system-level planning that affects their health and wellness
- 4. Mechanisms for Accountability: How Toronto Seniors Housing Corporation can address insufficient responses to seniors' concerns that threaten wellbeing and erode trust

#### **INSERT VISUAL**

Adapted from John Kania, Collective Change Lab, The Six Conditions of Systems Change (https://www.fsg.org/resource/water\_of\_systems\_change/)

#### Follow Me

How Toronto Seniors Housing Corporation can advance an understanding of the what, when and where of services and supports for person-centred ageing in place

Senior tenants made clear distinctions between services they want in their units, buildings and neighbourhoods, also noting that there needs to be flexibility for the locations of services to change as seniors' needs change over time.

"Because [the SSC is] reaching out, and by doing that, by making that step, that's the step of putting your hand out when you meet somebody for a handshake. It's making that positive gesture. And that will turn into relationships and the SSC will get to learn about the tenants and not just — she'll get a more holistic understanding of tenant needs. I think that's really important because as we age, the goal here is to try to keep people as active and as cognitively functioning as possible. It's only a small percentage of people that really require real supportive care. But, as we age, each decade adds another pile of problems that you carry."

"I can say one simple thing. You value people by sitting down and listening to them."

#### How to approach person-centred planning

Since seniors' needs can change over time, a baseline individual needs assessment should be carried out by a Seniors Services Coordinator or by someone from a trusted outside agency. Tenants were rarely specific about who should work with them one-on-one in this way, but were more precise in noting that assessments should be optional, and delivered in a manner that is respectful and appropriate to the ways that seniors want to be engaged.

With consent, this information could be collected and used to connect seniors with resources they approve of. Administration of tools like screeners and assessments should be designed and delivered consciously not mimicking 'a nursing home model' by reflecting autonomy and choice on balance with care. This approach should be inclusive of everyone, though some senior tenants may present with more urgent needs.

A needs assessment approach must account for fluidity and change, looking at both seniors' needs but also service provider offerings – as both change over time. Any actions are built on the assumption that if we want people to age in place – the tenants' needs will shift with the ageing process, including the individual's ability to travel to services.

Location, location: Supports in the right places

Health and wellbeing goes beyond caring for physical needs, and seniors had many suggestions for the range of services and supports they needed—and where they needed them—to support quality of life and wellbeing.

"If you ask seniors if they want to live in seniors homes [long-term care], 90% of them will say no. So they have to find a way to provide them with whatever level of services they would need at that point in time."

In My Unit

A 'door-key person'\*

Light housekeeping

Computer/tech support

Door-to-door check-ins

Personal care services

Maintenance hallway cart (e.g., light bulb change)

Next of kin information to landlord (keep up to date)

Free WIFI

Low-cost haircuts

Foot care

Reading program with books

Pet visits

\*A trusted person who is always on site and has a master key for units in the event that tenants get locked out

#### In My Building

'Welcome Wagon' Committee

Tenant-led program planning sessions

Social activities (concerts, exercise, dinners, dancing, bingo, etc.)

Community safety watch

Financial advice and form filling

Cultural celebrations with language support

Onsite doctor, nurse, dentist, etc. appointments

Conversational English groups/classes

Low-cost food market

Regular fire safety sessions

Repair cafes

Gardening support (to match changing physical needs)

In My Neighbourhood

Intergenerational activities

Accessible community bus for key routes

Group outings (e.g., Niagara Falls)
Building pairings for social activities
Key community partnerships (e.g., police, schools)
Telephone translation support
Open-door policy with community organizations
Medication without leaving home
Group grocery shopping trips
Medical escorts with translation support
Access to faith and religious services
Free TTC rides

#### Recommendations

- 1. Identify local service providers and businesses that operate in the languages represented in the building, and initiate planning discussions with tenants who speak those languages about supports and services, including, but not limited to, translation/interpretation services
- 2. Ensure washrooms are functioning in common areas as this impacts whether one feels comfortable leaving their unit to engage in building activities
- 3. Establish or revitalize partnerships with mobile services that are needed across buildings but don't need to be in a given building every day (e.g., foot care, dental consultations, physician visits)
- 4. Embed wellness checks (with consent) into mandatory maintenance checks for each unit on a regular schedule
- 5. Improve unit pest control and building cleanliness with a comprehensive, whole-building approach that minimizes impact on tenants and prevents problems in the future
- 6. Work with local residents and community organizations to designate the surrounding area as a 'seniors area' and advocate to address any barriers that may exist for seniors in the neighbourhood

#### Nothing is missing...for now: Planning for change over time

Many senior tenants talked about how they did not need specific supports and services now, but that they may in the future. They also noted changes in needs neighbours were experiencing and how it can be challenging to find the right service at the right time.

"Ageing in place is an important thing to keep in mind. I am relatively healthy and everything for a person my age. Now, will I be in 5, 10, 15 years? It's a constantly changing process as you age."

"When I came in, I didn't join any group or anything. Because I was working."

#### Recommendations

- 7. Implement a short but routine wellness screener with everyone and work with individuals on a more comprehensive needs assessment and navigation to support as needs are identified
- 8. Establish partnerships that support needs that are persistent for some senior tenants (food security, access to technology, language supports, transportation, access to a doctor, etc.) and develop predictable response pathways to meet these needs consistently across people and over time stable supports in the face of change
- 9. Maintain up-to-date records re: next of kin and/or key contacts for all tenants so there is always someone to notify about key changes or issues identified, as per their wishes
- 10.Plan in-building activities being mindful that as they get older or experience changes to mobility or other challenges, some seniors find it hard to leave the building—so having activities accessible onsite is key for them

#### **Building Community**

How Toronto Seniors Housing Corporation could develop a building-specific understanding of senior tenants needs and preferences

Senior tenants talked a lot about what happens in 'my building' and what should be different in 'my building,' and were hesitant to impose their experiences and recommendations on other buildings across the housing corporation. There was a strong sense that building characteristics vary greatly across the 83 buildings—so the way forward must account for these differences and not be based on assumptions of similarities by those who don't live there. A one-size-fits-all approach will not work. Because buildings are their homes, personal investment in individual building culture and wellbeing are important to tenants.

"I look at [housing as] we're a whole family, but every building is its own kid...some of them are good in math, some suck at history. Each building has its own issues."

#### How to approach building-specific planning

Senior tenants value services in their buildings, and patterns may emerge across buildings, but each building is different—a distinct community of people—and these differences require service plans identifying the types of services and who should deliver them that are unique to the building and those who live there.

Tenants are also willing to contribute. For instance, they talk about the important role they could play in building level assessments, planning and implementation, in partnership with a diverse range of service providers.

This approach must include everyone, with consideration being given to the languages spoken in the building for all steps of these activities. Any actions undertaken should be based on the assumption that a healthy and vibrant building community reflects the collective culture of that specific building, and inspires and activates tenants in ways that are meaningful to them. It should also account for fluidity in the resident population, as new tenants move in and the demographics of the resident population shift over time.

"We've got a big ol' piano in here. If somebody could play it..."

#### Building-specific assessment and customization

With a bit of structure, engagement with tenants in each building can lead to a better understanding of the unique building environment and open up opportunities to tailor health and wellness activities.

"And also, 'one-size-fits-all.' That's very disturbing because you can have two buildings next to each other and that size doesn't fit all. Different social values, etc. Everything I've ever participated in, it all focuses back to one-size-fits-all."

"I think it's important to hear every senior, or give every one of them an opportunity to have a say."

"Including in the language from the very beginning that nothing has been decided, and that this is your opportunity to let your voices be heard."

#### Assess this...

- What are tenants interested in (activities/ideas)?
- What do tenants need for health and wellness (supports/services)?
- How are the service-provider-led programs working?
- How are tenant-led programs working?
- What are tenants' food preferences and/or dietary restrictions?
- What are the barriers tenants face when it comes to joining building activities (e.g., working during the day)?
- What organizations in this neighbourhood offer services that meet tenant needs, from the tenant perspective?
- What equipment and furniture is in common areas, and does it work?
- How is common space currently being used? How is this working?

#### Customize that...

- What space do we have and how best do we manage it, and communicate with tenants when it is available?
- What is our tenant leadership model, what is needed to make it work, and how should we keep all tenants informed about access to leaders and leadership opportunities?
- What are the steps to accessing funds for building-specific activities?
- Who do we talk to when we have concerns about a neighbour?
- What is our platform for collecting tenant input and ideas?
- What languages are spoken here and what translation/interpretation support is needed?
- What is the cultural makeup of this building, and what is needed to support culturally appropriate services and supports?
- Do tenants feel safe in this building, and what is needed to increase safety?

#### Recommendations

- 11. Consult with local tenant leaders and other interested tenants to identify methods (e.g., surveys, town halls, etc.) for collecting tenant input and create a tenant engagement handbook to guide future engagements based on the methods identified
- 12. Talk to tenant leaders about the barriers they face leading activities and come up with solutions that address these barriers, and identify housing staff and/or service provider supports that can be leveraged to enable tenant-led activities
- 13.Create a cycle (e.g., every 6 months) to consult with tenants on programming and determine which areas of interest have the broadest appeal but don't overlook the 'minority' responses—these can be key indicators of unmet needs that will continue to go unmet because of small numbers, but may be very important to the wellbeing of some tenants
- 14. Share results of building-level consultations publicly and in multiple languages as current and potential tenant leaders don't always feel like they know what their neighbours want and need, and it can inspire a tenant with a key interest to step up and lead
- 15. Identify and fund a project at the building level for tenants and staff to work on together to try something new (for example, co-design and co-deliver an approach to uncovering the interests of tenants in a building)—this is the opportunity to develop a new way of collaborating while practicing collaboration on a specific task relevant to the local resident community

#### **A Working Network**

How Toronto Seniors Housing Corporation can create a framework that enables tenants to provide input into system-level planning that affects their health and wellness

Senior tenants and what is allowed in Toronto Seniors Housing Corporation buildings are governed by many policies, and the tenants we spoke with talked about the importance of being able to shape systems and policies so that tenant wellbeing is embedded into operations across the 83 buildings. Tenants want to know that, regardless of which building they live in, they are receiving equal access to quality supports and operations—and that the building is invested in the tenant voice as a key part of system planning. They also want support connecting

with other tenant leaders across the housing system to advance shared priorities as a collective.

"One of the things that's giving me a certain sense that is helping wellness is the fact that I'm engaged. I have something that I focus on. Something that's important. It's not something that has much personal reward to it other than the hope that down the road the efforts that we're putting in now will foster the ideas of wellbeing into the model."

#### How to approach system-level planning

This set of recommendations is focused on the overall housing system with core activities led by Toronto Seniors Housing Corporation with input from STAC and other tenants as appropriate.

A commitment needs to be made to a fixed set of operating principles, where key processes should be predictable and trustworthy with 'no surprises', while also allowing for emergent priorities as conditions or context shift. There also needs to be consistency across buildings with respect to certain core functions, recognizing that how some of these things are managed at the building-level may vary based on building characteristics.

It is not that each building needs the same menu of services (this is dependent on the needs of the resident population) but instead each building should be offered equal opportunity to identify needs and implement system-wide policies with local practices

#### Use of space

It's imperative that we recognize that common spaces are important resting places, gathering places and visiting spaces (with non-residents), and that access is key for social wellbeing and not just formal programming.

"Our lobby has been given over for offices for staff... I feel that wellness is the mood that you're living in or the place you're living in. We used to have a lot of pass-by meeting-and-greeting with people [in the lobby]. We would have a casual

conversation for when people would get their mail...Now, there's no easy way to have a community feeling."

#### Recommendations

- 16.Appoint an onsite building-specific space coordinator to enable transparent space management across tenant, service provider and housing staff (recreation rooms, gardens, lobby areas, private rooms for appointments, etc.) not a gatekeeper, an administrator
- 17. Review all equipment and furniture in common areas, and fix/replace equipment that isn't working in accordance with building-level assessments
- 18.Clearly communicate when the common areas (particularly if there are doors or controlled entry) are open or closed in accordance with tenants right to access common space and to reduce the likelihood that tenants believe they cannot access a space when they can
- 19. Review the hours of access to common spaces (e.g., laundry room), if restricted, and extend access if it will better meet tenant needs
- 20. Seek and incorporate tenant input into any space-related decision-making and ensure clear communication so that equipment and furniture doesn't seem to appear and disappear with no explanation
- 21.Limit the amount of time common areas are used for meetings that don't include tenants because lack of access to common space impacts wellbeing
- 22. Develop a process to work with tenants to maximize the utility of common spaces they have in their building and support the enhancement of common space as a building-level signature project (e.g., design a 'laundry lounge' or place benches in key areas or something else proposed by residents)

#### Spotlight: Use of space policy review

- There is an active review underway of the current Toronto Seniors Housing Corporation Use of Common Spaces policy
- Input about use of space from this report will be shared with and reviewed by STAC, the Toronto Seniors Housing Corporation Operations Team and other stakeholders as needed
- Conversations to shape a new Use of Space policy are expected to resume in fall 2022

#### Empowering tenant-led activities

Many tenants described the roadblocks they faced when attempting to lead activities in their buildings. It needs to be easier for senior tenants to take the lead on supporting the wellbeing of others and themselves.

"It appears that [the housing corporation] does not trust their residents to have either ideas or wherewithal to carry through with ideas."

#### Recommendations

- 23. Provide funding for tenant-led activities that is straightforward to access (minimal paperwork) and on a predictable timeline for a response (so tenants can plan activities without fear that funding will not come through)
- 24.Develop 'pre-approval' processes where tenants and ideas can be discussed and questions can be addressed, before applying for actual funds—to expedite and build confidence in the funding process
- 25. Provide administrative and logistical support to enable tenant-led activities because active participation is good for tenants' health

#### The roles of tenant representatives

Tenant representatives and leaders are important members of the building community, but it can be confusing and frustrating when they aren't supported to meet the needs they see around them.

"There's no person that is willing to sit down with us, to listen, to really listen, you know? Then, people are complaining. "We have tenant reps and they don't do anything". It's not up to them. But, every time they try to ask housing, they don't have the answers and they don't know what to do."

#### Recommendations

26.Define, communicate and support ongoing conversations about what formal tenant representatives and tenant leaders are allowed to do, not allowed to do, information they can access, and who they can contact for immediate assistance

- 27. Consider incentives for feasibility and meaningfulness in recognition of the challenging role tenant representatives take on, including hearing tenant complaints, organizing activities, and liaising with housing staff
- 28.Enable tenant associations (or other group models of tenant representatives) in a building to distribute the responsibilities of tenant representation across more people and makes room for representatives who speak different languages to work together to support tenants

#### **Mechanisms for Accountability**

How Toronto Seniors Housing Corporation can address insufficient responses to seniors' concerns that threaten wellbeing and erode trust

Senior tenants talk about how, for any of the person-centred, building-specific and system-focused solutions to work, accountability needs to be apparent—seniors made it clear that being ignored is being dismissed. Whether it is an immediate need or ongoing issue, not responding takes a toll and erodes trust, and staffing changes and unanswered calls create instability. If we are to foster agency and partner with tenants on ways to generate wellbeing, there needs to be a commitment to responsiveness, accountability and willingness to reconcile disagreements respectfully.

"There may have been people in the past that we have trusted, maybe for example one of the pest control people. You know, we get somebody "oh yes we'll help you". And then a couple months later, they're gone. Did you know that between 2013 and now, we have had 11 turnovers of superintendents?"

#### Recommendations

- 29. Standardize response times to complaints and requests (maintenance and tenant wellbeing issues)
- 30.Ensure urgent response telephone numbers are working and have a person answering the phone at all times
- 31.Employ a staff person overnight (superintendent, security guard, etc.) to respond to urgent issues
- 32. Establish regular meetings (e.g., monthly) with staff and tenants to share information and ideas for improving life in the building, especially given

- that many roles are new and tenants and staff are getting to know each other
- 33.Create/adopt and deliver anti-ageism and anti-discrimination training for staff
- 34. Review common requests received by tenants and equip onsite staff to respond in real time (or as quickly as possible)

#### Framing a Plan

### Urgent Issues INSERT VISUAL

Tenants told us what should be done now to support health and wellness, and demonstrating commitment to meeting tenant needs by addressing these critical problems facing tenants today will build the trust necessary to make progress on more complex changes over time. This is a key step in establishing integrated tenant engagement, providing opportunities to jointly see and agree on priorities, to negotiate and problem solve issues together.

Critical needs: Fix what's not working

- Tenant complaints process
- Pest control
- Mediation for tenant-tenant issues
- Translation and interpretation services
- Proposal and funding process for tenant-led activities
- Maintenance issues

Tenant-centered prioritization: Understand each building

#### Tenant reps and roles

 Identify building representatives, clarify with them the role description and parameters and initiate an approach to letting other tenants know about the representative, and how they can help

#### Service needs and preferences

 Work with tenants to plan, organize and deliver an assessment of tenant interests and needs  Use this information to plan and pilot a response that meets the needs identified

#### Map providers and broker based on tenant input

- Crowdsource where tenants like to go and for what support or service, and share with other tenants
- Review existing or new maps of local agencies, service providers, businesses and others
- Initiate or revisit relationships with providers based on tenant input and needs

#### Security assessment

- Collect tenant input on the current state of security in the building, and what might be helpful to address the concerns that are raised
- Identify a key security initiative and test out a way to address it

#### Space and equipment review

- Review the current state of common space management and how space is used
- Identify and address key access barriers to use of space and/or equipment

#### **Tenant decision-making**

- Review current building-level decisions making practices
- Identify if and when the tenant perspective can be incorporated into the process
- Brainstorm and test ways to collect tenant input on a regular basis

#### Spotlight: Mapping local services

- There is work underway to identify and map health and community services in the immediate vicinity of the 83 seniors buildings
- Supports and services will be organized by proximity from the Toronto Seniors Housing Corporation building
- The map is currently internal to the City network but technological solutions are being explored to share with Toronto Seniors Housing Corporation staff

#### **Game Changers**

**INSERT VISUAL** 

There are steps that can be taken to structurally embed the tenant voice and wellbeing into housing operations, but they require an investment of resources and support.

"They want tenant voices to drive this – you have to put fuel in the car"

- Predictable funding: Design and implement systems of resources and supports for tenant engagement and participation
- **Knowledge sharing:** Enable tenant-led activities and support tenants sharing their time, interests, knowledge and talents with each other
- Local tenant councils: Provide the infrastructure for leader-to-leader support across groups of tenant representatives at the sub-regional or regional level
- **Tenant networks:** Explore and co-design tenant activation systems in a variety of ways (systems for tenant-to-tenant supports such as translation, pet care, etc.)

Spotlight: Principles and Methods for a Tenant Engagement System

- While this project was unfolding, a specific consultation with the Senior Tenants Advisory Committee about building a tenant engagement system was implemented
- The 'Game Changers' we have identified are validated by the emphasis on methods to build a system where tenant voice is embedded at all levels of the housing corporation, tenant leadership is authentic and supported, and buildings are vibrant, inclusive communities
- We add that, from the perspective of senior tenants we spoke with, fulsome engagement is good for the health and wellbeing of tenants and will lead to better tailored programming that meets more tenants' wellness needs

#### Coming back to 'hubs' as part of the Integrated Service Model

We heard a lot about service delivery and what it should look like, at no point did tenants describe a 'hub' as defined in the Integrated Service Model as the best way to contribute to and receive health and wellness supports and services. Concerns were expressed about a range of issues associated with the hubs,

including; safety concerns around inviting outsiders into the building; allowing a single agency to manage or monopolize the space; and taking away common areas that should be available to tenants for organized and informal use. Overall, tenants told us they want a say in the programs and providers that come into a given building.

Another key concern was that of equity—regional hubs mean some buildings get the benefits (and challenges) that hubs present and some don't. Tenants felt that some people should not be asked to give up space while others are not, and also raised concerns that placing hubs in accessible locations leaves out many buildings that are smaller/in less geographically accessible locations, resulting in more access for some, but not for others.

It was also pointed out that hubs exist already in the form of, for example, community centres, and so do the barriers to accessing them—which would be recreated under the proposed hub model.

Seniors identified gaps in services that need to be addressed to support them to age well at home, and these same gaps were identified in earlier thinking about hubs—so it is not the services that are at issue, but the design of the delivery mechanism and its associated consequences (loss of space, lack of agency, etc.).

What did senior tenants say about hubs?

- "We need some programs, but not for our community space to be taken away."
- "Regions are huge, so how many hubs? One of the most important questions that was never asked was 'How many days a week would you want services taking over your common area?' It shouldn't be 'What services do you want?', but 'How much time and space are you willing to give up to your service providers'?"
- "My first question involves the hub concept itself. I understand what its intention is and how it's supposed to be operating, but is there any research, studies, or indication that has shown that the hub concept works here either in Toronto, in another city, or in another country, or in another housing corporation? Is there any clinical evidence that the hub concept

- improves the life and health of residents in which this concept is being used?"
- "What works for one building is not going to work for others. Each building is going to be unique...Opening it up to outsiders is going to create a conflict I think with the tenants. 'Well why are these people coming in and using our facilities? This is our private place. Why are we allowing 200 other people to come in'?"

#### Seniors Define Health and Wellness

When it comes to the types of services seniors want, tenants described health and wellness as a "kaleidoscope" something that is "huge" and multi-faceted, encompassing connection, medical care when needed, occasional support with day-to-day activities, a sense of agency and purpose, harmonious relationships with neighbours and staff, and more.

In addition to the importance of being seen, heard and valued—which encompasses the notion of wellness as something that is personally defined—we heard that it is fluid. That is, health was described as a foundational element of life but also something that changes over time, and that planners are often not thinking about these changes because they are younger and haven't experienced them yet.

We also heard that it is about being respected through these changes. There needs to be acknowledgement that some things do become difficult and need to be accounted for and that, as seniors age, they may need support and information that is specific to the changes they are experiencing (e.g., arthritic hands, loss of a spouse, caregiving responsibilities).

The overall takeaway here was that the way to wellness is for seniors to feel 'worthy and worthwhile' through authentic partnership and giving senior tenants a voice in service planning and activity leadership.

What is health and wellness to you?

• "For me it's to be able to stay independent and to take care of myself as long as possible. I go for walks, read books and like to paint and sew. I am

- 89 years old and still like to exercise and learn more about interesting facts."
- "To me, wellness is people eating nutritiously, people mingling with each other, people feeling that they're part of the community, people feeling that there's a go-to person. People do not feel that they're worth anything. Also for seniors, it's independence, it's shopping and buying and feeling really independent."
- "For me, my first attitude is 'I don't want my landlord dealing with my health!'...But then again, when it came to the pandemic I was very impressed around how careful the landlord and staff were about cleaning up and spraying every door handle and possible touching place to the point where the paint wore off. In that sense, looking at the public side of health I would take that to mean something."
- "Don't be a burden! To exercise, chat (gossip) with my girlfriends, feel 'alive' and not to stay in bed all day."

#### **Toronto Seniors Housing Corporation (TSHC)**

#### **Quality and Tenant Engagement Committee**

**Topic: Tenant-Focused Quality Improvement Projects (QIPs)** 

Item 11

Date: September 5, 2022

**To:** Quality and Tenant Engagement Committee

**From:** Mary Tate

Date: September 12, 2022

#### **PURPOSE: FOR APPROVAL AND RECOMMENDATION TO THE BOARD**

- To provide a discussion document on three tenant focused quality approval projects and
- To seek approval of the committee and a recommendation to the Board on the proposed approach to governance of the quality improvement projects

#### **RECOMMENDATIONS:**

It is recommended that:

TSHC proceed with three quality improvement projects:

- Safety and Security
- Pest Management
- Staff and Tenant Relations

The governance of these projects includes:

- Corporate co-sponsors (CEO and a Tenant Board Director)
- A project committee for each project which includes:
  - A project sponsor from TSHC's leadership team
  - 4 tenant leaders
  - 4 staff team members

- 2 TCHC (Toronto Community Housing Corporation) team members (except Staff and Tenant Relations)
- Subject matter experts to be engaged as needed
- Communications support as needed

Mary Tate
Interim Planning Lead

#### Attachments:

Tenant Focused Quality Improvement Projects (QIPs) Discussion Document

# Item #11 Attachment # 1 - Tenant Focused Quality Improvement Projects (QIPs) Discussion Document

## **Toronto Seniors Housing Corporation**

## Tenant Focused Quality Improvement Projects (QIPs)

September 6, 2022











## Defining Quality Improvement Projects

#### **Quality Improvement Projects or QIPs**

- These are projects that deal with areas that are vitally important to our tenants
- These project impact quality of life, health, wellness and a sense of security

#### What Is A QIP project

- We will start with three projects this year, that will fall into this category. We may have more projects over time. These are action focused projects, where we will transparently report progress to all stakeholders.
  - Safety & Security
  - Pest Management
  - Staff and Tenant Relationships



## Why Are We Creating QIPs?

"Over the summer I have been hearing the voices of many tenants as part of the Listening Tour. There are many issues that have been raised that are common across all buildings. From what I have heard from the 22 buildings I've visited so far; these projects represent what we <u>MUST</u> address. They are very important to our tenants. They are also consistent with what was identified in our 100 Day Priorities and what we have heard from STAC, Tenant Leaders and others."

Tom Hunter, CEO

## Safety & Security QIP

Although actions have already been taken to focus on these issues, there is still much more work to be done.

#### Immediate actions recommended:

- Gather information on the current security measures at each building
- Identify and categorize current security concerns that have been raised by tenants and staff (e.g., replacement of fobs, ability to view security footage, tailgating at front doors, non-tenants loitering in common areas and stairwells)
- Use data to identify elevated risk safety incidents at buildings (e.g., number of CSU calls, tenants' complaints)
- Bring in best practices from other social housing providers
- Develop strategies to address safety and security with senior tenants

## Pest Management QIP

Although actions have already been taken to focus on these issues, there is still much more work to be done.

#### Immediate actions recommended:

- Request data from TCHC relating to pest management (e.g., number of treatments for several types of pests, response time to treatments, repeat treatments and response times)
- Identify the current concerns raised by tenants and staff regarding the quality of the current service
- Share actions that TCHC has taken to help address pest management concerns
- Understand the elements of an Integrated Pest Management model
- Determine alternate service delivery models (i.e., move service delivery and management internally)

## Staff and Tenant Relationships QIP

Although actions have already been taken to focus on these issues, there is still much more work to be done.

#### Immediate actions recommended:

- Help tenants understand the various roles and responsibilities of staff
- Create mechanisms to contact staff and raise awareness of staff coverage
- Develop processes and procedures for communication to tenants in urgent situations (i.e., where to post information, in what languages and timing)
- Schedule regular meetings with building staff and tenants
- Improve processes to response and follow-up on tenant complaints

### Actions To Date

## Safety and Security

- Have worked with CSU to have FOB and Safety Audits completed in six communities.
- Have developed
   a schedule to have 15 high
   needs community audits
   completed before the end
   of Sept

### Pest Management

- Hiring new internal resources including resources to assist residents with preparation
- Data requested from TCHC at Situation Table
- Audited four buildings for pest services both in unit and common areas

## **Staff and Tenant Relationship**

- Improved information about hours being shared at each office
- Worked with tenant leaders with regard to capital projects

## Important Considerations

- TSHC operations and services are still linked to TCHC, and this adds another dimension to finding and implementing solutions.
- Staff will be invited from TCHC to participate on our teams. This will allow for enhanced learning and service improvements in both organizations.
- There will be resource implications for the actions coming forward from the teams and these will have to be considered against other organization priorities.
- With oversight from the new Director, Policy, Quality Improvement and Planning, external facilitators will be brought on to lead sessions to ensure objectivity in process.

## Proposed Approach









## Suggested Governance For QIPs

#### **Safety & Security**

1 Project Sponsor from Leadership Team

4 Tenant Leaders

4 Staff Team Members

2 TCHC Team Members

#### **Pest Management**

1 Project Sponsor from Leadership Team

4 Tenant Leaders

4 Staff Team Members

2 TCHC Team Members

#### **Staff & Tenant Relations**

1 Project Sponsor from Leadership Team

4 Tenant Leaders

4 Staff Team Members

Subject Matter Experts – Accessed As Needed Communications & Engagement Support

Corporate Sponsor
Tom Hunter & One Tenant Board Director



### Suggested Principles

Let's understand the challenge and current constraints

Let's create some great ideas together that are realistic, implementable and would signal real change for tenants

Let's respect each other's views and opinions

Let's make everyone at the table feel valued and respected

Let's honour everyone's lived experience

Let's accept that we cannot change everything at once

Let's agree that our discussions, when shared with others, seeks to inform and not undermine the work we are doing

### Suggested Roles & Responsibilities

#### **Corporate Sponsor & One Tenant Board Director – Corporate Champions**

- Champion changes brought forward from each QIP with the board and QTE committee as needed
- Listen and mediate when/as needed to help teams come to mutually agreeable solutions
- Attend meetings as needed

#### Leadership Team Project Sponsor – Project Champion

- Utilize leadership skills, knowledge, experience and expertise to help inform QIP recommendations
- Escalate items that require greater input from broader corporate Leadership Team and bring back information to QIP
- Attend all meetings and actively participate in agenda building with all parties
- Manage the workplan for the QIP
- Listen and mediate when/as needed to help teams come to mutually agreeable solutions
- Bring forward recommendations to Board Committees with one other QIP Tenant Representative
- Ensure timely follow-up and communications on issues and actions raised in meetings

### Suggested Roles & Responsibilities

#### Four Tenant Representatives – Tenant Champions

- Utilize knowledge, skills and lived experience to create recommendations that will benefit all tenants
- Attend all meetings and actively participate in agenda building with all parties
- Provide guidance on how best to communicate outcomes from the QIPs to other tenants
- Be willing to be speak to other tenants about the work you're doing and bring back input as needed

#### Four Staff Representatives – Staff Champions

- Utilize knowledge, skills experience to create recommendations that will benefit tenants and staff
- Attend all meetings and actively participate in agenda building with all parties
- Provide guidance on how best to communicate outcomes from the QIPs to other staff
- Actively participate in implementation of changes for QIPs to be effective with staff

### Suggested Roles & Responsibilities

### Two TCHC Representatives – Partner Champions

- Utilize knowledge, skills and lived experience to inform recommendations from QIPs
- Attend all meetings and actively participate in agenda building with all parties
- Provide guidance on how the changes may impact TCHC employees, partners, contractors and articulate what would be needed to help bring these along the change process
- Be willing to be speak champion the changes QIPs will bring at TCHC as needed

### **Toronto Seniors Housing Corporation**

### Suggested Accountabilities for Implementing Changes

TSHC Leaders	Provide visible, consistent and aligned support throughout the organization for agreed to QIP changes that are approve by the Board and Leadership Team		
Operations	Implement, track and report on changes to ensure that recommendations are in place and results are transparently reported with adjustments made as needed		
Communications	Share information about projects with all stakeholders in digital and print formats		
Tenant Leaders & STAC	Stand behind recommendations and work with local staff to ensure that changes are being well managed and adopted		
TCHC	Support information needs, requirements and timely delivery of services to help improve areas where TCHC is accountable for service delivery		



### Suggested Administration

- # of meetings a month to be determined by each group
  - Meetings should take into account needs of all parties (hours of day, duration of meeting, travel or virtual)
- Working with a template, create Terms of Reference for each QIP – no more than two pages
- Working with a template provide monthly reports from each group to be prepared and shared with Sponsors
- Monthly reports will be shared at bi-monthly board meetings and at scheduled QTE meetings
- More focus on getting results than administration

### Suggested Process for Getting QIPs started

#### Sept 15

**Promote** opportunity to Tenant Leaders, STAC Members & Staff Volunteers

October 5 Confirm membership for each QIP



Sept X

Share plan

with STAC for

input



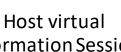








Sept 12 Present at QTE meeting for input & approval



Sept 30

Information Session for Interested Tenant Leaders & **STAC Members** 

Present at Board Meeting

October 19-26 **Kick-Off Meetings** for each QIP

### Toronto Seniors Housing Corporation (TSHC) Quality and Tenant Engagement Committee

**Topic: Strategic Planning Approach** 

Item 13

Date: September 5, 2022

**To:** Quality and Tenant Engagement Committee

From: Mary Tate

Date: September 12, 2022

**PURPOSE:** For approval to be forwarded to the Board

#### **BACKGROUND:**

A strategic plan provides direction and aligns activities to what is most important and:

- Sets direction and priorities
- Directs the use of limited resources
- Ensures decisions are proactive rather than reactive
- Aligns the activities
- · Simplifies decision making

The recommendations provide an approach to developing TSHC's strategic plan based on the following guiding principles:

- Tenant, staff, and other stakeholder input will be a key aspect of all planning processes and is essential for success
- Planning and implementation will be guided by the Shareholder Direction and City of Toronto strategic priorities (e.g., Tenants First, ISM (Integrated Service Model)
- Achievement of TSHC mandate will guide planning and implementation
- Open and transparent reporting to both tenants and staff will be a guiding principle in the planning and implementation processes
- Setting objectives will be informed by research on proven leading practices

#### **RECOMMENDATION:**

Be it resolved that the following approach to strategic planning be approved by the Quality and Tenant Engagement Committee and forwarded to the Board for approval:

#### Oversight, accountability, and decision-making:

- Board to have overall accountability for the process
- CEO to be responsible for the execution of the plan
- Steering Committee to be established to guide the process:
  - Co-Chairs: Tenant Board member and Director, Policy, Quality Improvement and Planning
  - o Members: 2 Tenants, 2 staff, QTE Chair
  - o ex officio: Board Chair and CEO
- Steering Committee role:
  - Oversee the strategic planning process, including review and approval of interim deliverables
  - o Participate in strategic planning workshops

#### **Board role:**

- Set the overall direction for the process
- Engagement interviews
- Strategic planning workshops and validation check points
- Approval of strategic plan

#### Strategic planning resources:

- Use external resources with expertise in strategic planning in the sector
- Internal staff to provide support as needed

#### Timing:

- RFP/Q to be released Oct 2022 with selection completed by Dec 2022
- Strategic planning process to be launched Jan 2023
- Engagement to occur Feb to Apr 2023
- Strategic plan to be completed by June 2023
- Roadmap to be completed by Oct 2023

#### **Engagement:**

- Engagement may include as appropriate:
  - Surveys
  - Focus groups
  - Interviews
  - Workshops

- Town halls
- Engagement will be conducted virtually or in person as appropriate
  - Majority of focus groups to be held in person, particularly tenant focus groups; virtual focus groups could be offered as an option for those who prefer it
  - Tenant engagement sessions will have interpretation as appropriate
  - Surveys will be translated as appropriate
  - Majority of individual interviews may be held virtually

#### Research:

- Research may include:
  - Document review
  - Environmental scan
  - Comparator organizations (best practices)
  - o Key informant research and interviews

Name: Mary Tate

Title: Interim Planning Lead

List of attachments:

Planning for Success Strategic Planning Approach September 5, 2022

# Item #13 Attachment # 1 - Planning for Success Strategic Planning Approach

## **Toronto Seniors Housing Corporation**

Planning for Success
Strategic Planning Approach

September 5, 2022

- Ensure seniors have access to the housing, health and community supports they need to age in place with dignity and in comfort.
- Ensure employees feel they have new opportunities to live their best work lives in the new organization.









### Context and Purpose of Presentation

#### **Context**

- Planning to date has focused on the transition of TSHC from TCHC on June 1, 2022, and ensuring that TSHC is positioned for the period immediately following transition (June-December 2022)
- We must begin longer-term planning as well this includes developing the approach to strategic planning for TSHC so that strategic planning can occur in 2023.

## Purpose of **Presentation**

#### For Leadership and the Board:

- To assess the requirements for a TSHC Strategic Planning Process
- To receive input on approach and assumptions
- To review potential options for the development of a strategic plan

#### **Overview Contents**

- Strategic Plan Purpose, Goals and Principles
- Strategic Planning Phases Milestones and Deliverables
- Strategic Planning Approach Recommendations
- Appendix—List of External Partners

## Strategic Plan

Purpose, Goals and Principles









### Purpose of Strategic Planning

#### **Manage Complexity**

TSHC is a multi-faceted service delivery organization that creates complexity in its operations. Thus, it requires analysis to anticipate and meet the needs of its diverse clients across a broad range of services

#### **Future Decision Making**

TSHC needs a structured process to make decisions on future opportunities that will support its clients in an appropriate and impactful manner

#### **Prioritization**

TSHC needs to understand and consider the diverse group of stakeholders it serves and how to optimally balance its available resources to meet their needs

### Role of Strategic Planning

A **Strategic Plan** provides direction and aligns activities to what is most important and:

Sets direction and priorities

Directs the use of limited resources

Ensures decisions are proactive rather than reactive

Aligns the activities

Simplifies decision making

### **Toronto Seniors Housing Corporation**

### Components of a Strategic Plan

Vision

Defines the desired future state and ultimately what the organization will achieve

Mission/ Mandate

Mandate of the organization and defines what the organization may do to contribute to achieving the vision

Values

Beliefs and behaviours that support the organization in accomplishing its vision and mission

Strategic Objectives

Directions and targets that align with achieving the organization's vision and mission

Strategic Initiatives

Initiatives that contribute to achieving the strategic objectives

Stakeholder engagement is a key activity in developing the components of a strategic plan

#### Roadmap

A high-level plan that sequences initiatives based on prioritization criteria and implementation requirements

Strategic

Plan

Implementation

### Guiding Principles for Planning

Tenant, staff and other stakeholder input will be a key aspect of all planning processes and is essential for success

Planning and implementation will be guided by the Shareholder Direction and City of Toronto strategic priorities (e.g., Tenants First, ISM)

Achievement of TSHC mandate will guide planning and implementation

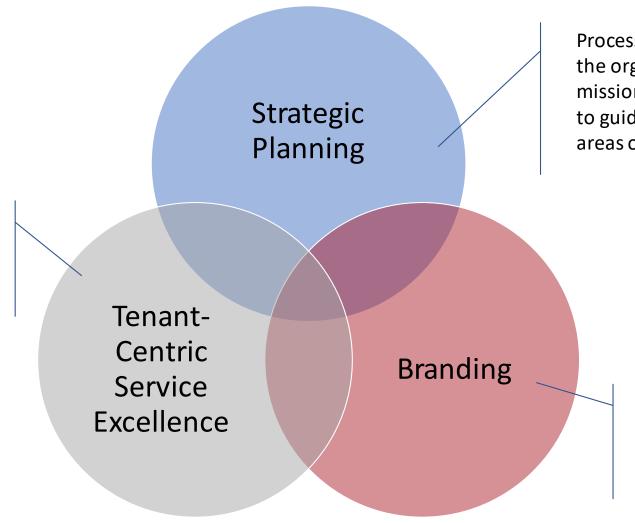
Open and transparent reporting to both tenants and staff will be a guiding principle in the planning and implementation processes

Setting objectives will be informed by research on proven leading practices

#### Planning for the Future

### **Toronto Seniors Housing Corporation**

Ultimate goal of the organization's strategy is to continuously improve services to its tenants



Process that results in confirming the organization's mission/mandate, vision and values to guide its key directions and areas of focus

Attributes that the organization is known/promoted for that are derived from the organization's mission/mandate, vision and values

## Strategic Planning Phases

Milestones and Deliverables









### **Toronto Seniors Housing Corporation**

#### Timeline Overview

Aug – Dec 2022

Jan 2023

Feb - Apr 2023

May - Jun 2023

Jul – Oct 2023

Approach and Procurement

**Strategic Plan Launch** 

Research & Analysis and Stakeholder Engagement

**Strategic Plan** 

Implementation Roadmap

- Determine approach/ budget
- Establish oversight/ steering committee
- Execute procurement process:
  - Prepare/approve RFP
  - Issue RFP
  - Receive and evaluate bids
  - Award and contracting

#### **Deliverables:**

- Approved approach
- Vendor in place
- Internal resources identified

- Project launch
- Project plan
- Strategic plan launch communications
- Research
  - Document review
  - Environmental scan
  - Comparator organizations
  - Key informants
- Stakeholder engagement
  - Tenants
  - Staff
  - Partners
  - Leadership
  - Board

- Vision, mission/ mandate, values
- Strategic Objectives
- Strategies to achieve objectives

#### **Deliverables:**

- Project launch
- Project plan
- Project communications

#### **Deliverables:**

- Findings Synthesis—
  - Key themes, issues and opportunities

#### **Deliverables:**

- Strategic Plan
  - Vision, mission/mandate
  - Values
  - Strategic Objectives
  - Strategies

#### **Deliverables:**

- Implementation Plan
- Priorities
- Sequencing

11

### Strategic Planning Phases

Feb – Apr 2023 May – Jun 2023 Jul – Oct 2023 Information Gathering & Analysis Strategic Plan Development Roadmap Development To understand current state and environmental To have a mission/mandate, vision and values To create a feasible roadmap that will guide the considerations and best practices to inform the implementation of the initiatives derived from that will guide the strategic areas of focus for future state for strategic plan development the organization and inform the strategic plan the strategic plan **Current State Initiative** Strategic Plan **Initiative Sequencing Future State Environmental Scan** Development **Assessment** Roadmap Synthesis & **Values & Success Data & Document Key Informants and Initiative Details Strategic Objectives Indicators Best Practices** Review **Factors** Stakeholder Prioritization Stakeholder Vision. **Comparator Research Strategic Initiatives** Validation Checkpoint Workshops **Engagement** Mission/Mandate **Resourcing & Timing** Strategic Plan & Strategic **Working Sessions** Benchmarking **Strategic Themes Roadmap Finalization Estimates** Plan Documentation Findings Synthesis—Key Themes, Issues and Stakeholder Stakeholder Communications Plan Validation Checkpoint **Opportunities Validation Checkpoint** Stakeholder Validation Checkpoint

### Inputs for a Strategic Plan

Research & Analysis

Data & Document Review

**Key Informants and Best Practices** 

Environmental Scan

Comparator Analysis

Existing Reports/
Documents
Sector Data
Data Analysis Synthesis
Benchmarking/
Comparator
organizations
Key informants
External Consultations\*

Tenant Engagement

**Employee Engagement** 

Partner Engagement\*

Stakeholder Engagement

Leadership Involvement

**Board Involvement** 

Surveys
Focus Groups
Interviews
Town Halls
Workshops

<sup>\*</sup> See Appendix for potential external/partner organizations

### Levels of Stakeholder Engagement/ Involvement

Group	Surveys	Focus Groups	Interviews	Workshops	Town Halls	
Board						
Leadership						
Management		Increasing Time, Resources, Costs and Expertise				
Tenant		mereasing fille, Resources, costs and Expertise				
Employee						
Partner						

 Higher levels of engagement with higher levels of complexity will likely result in a process that requires more time, resources, costs and expertise

## Strategic Planning Approach

Recommendations









### Recommendations for Approach

Area	Recommendation		
Oversight/ accountability/ decision-making	<ul> <li>Board to have overall accountability for the process</li> <li>CEO to be responsible for the execution of the plan</li> <li>Steering Committee established to guide the process:         <ul> <li>Co-Chairs: Tenant Board member and Director, Policy, Quality Improvement and Planning</li> <li>Members: 2 Tenants, 2 staff, QTE Chair</li> <li>ex officio: Board Chair and CEO</li> </ul> </li> <li>Steering Committee role:         <ul> <li>Oversee the strategic planning process, including review and approval of interim deliverables</li> <li>Participate in strategic planning workshops</li> </ul> </li> </ul>		
Board level involvement	<ul> <li>Set the overall direction for the process</li> <li>Engagement interviews</li> <li>Strategic planning workshops and validation check points</li> <li>Approval of strategic plan</li> </ul>		
Strategic planning resources	<ul> <li>Use external resources with expertise in strategic planning in the sector</li> <li>Internal staff to provide support as needed</li> </ul>		
Timing	<ul> <li>RFP/Q to be released Oct 2022 with selection completed by Dec 2022</li> <li>Strategic planning process to be launched Jan 2023</li> <li>Engagement to occur Feb to Apr 2023</li> <li>Strategic plan to be completed by June 2023</li> <li>Roadmap to be completed by Oct 2023</li> </ul>		

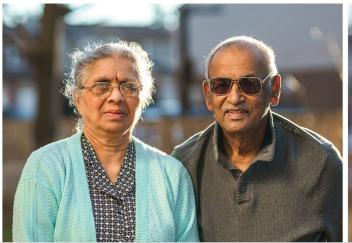
### Recommendations for Approach

Area	Recommendation
Engagement	<ul> <li>Engagement may include as appropriate:         <ul> <li>Surveys</li> <li>Focus groups</li> <li>Interviews</li> <li>Workshops</li> <li>Town halls</li> </ul> </li> <li>Engagement will be conducted virtually or in person as appropriate         <ul> <li>Majority of focus groups to be held in person, particularly tenant focus groups; virtual focus groups could be offered as an option for those who prefer it</li> <li>Tenant engagement sessions will have interpretation as appropriate</li> <li>Surveys will be translated as appropriate</li> <li>Majority of individual interviews may be held virtually</li> </ul> </li> </ul>
Research	<ul> <li>Research may include:</li> <li>Document review</li> <li>Environmental scan</li> <li>Comparator organizations (best practices)</li> <li>Key informant research and interviews</li> </ul>

## Appendix

Sample External Partners for Consultation









### Potential List of Partners (External Consultations)

- City of Toronto
- Seniors' advocacy groups
- Seniors' care agencies and community providers
- Seniors' charitable organizations
- Social Services Agencies
- Ontario Health Agencies
- Ministry of Municipal Affairs & Housing
- Ministry of Health
- Ministry of Long-Term Care
- Ministry of Children, Community & Social Services
- Housing Corporations/ Associations/ Not-for-Profit
- Contractors/ Vendors
- Peer/ Comparator Organizations
- Thought Leaders (e.g., UHN)